

Our science-based **Amazing Nutrition**® is the key to healthy living. We are passionate about bringing you the finest selection of products which are perfectly complemented in healthy and productive living.

Melatonin is a hormone that naturally occurs in the brain. It is made by the pineal gland. Melatonin circulates through a daily cycle so that there is a higher concentration of it at night.* At night, higher levels of Melatonin is held by the body to induce and maintain sleep.* Therefore, Melatonin supplements taken at bedtime supports the body's natural process for facilitating sleep.* It may also help falling asleep faster and staying asleep all night.*



Shop Online At:
amazingnutrition.com
 Product # 21034

Call Toll-Free:
 1-800-526-0177



vegan
 organic
 made in USA

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. LOCK IN A COOL, DRY PLACE. DO NOT OPEN ANYTIME IS DAMAGED OR RUINED.

Manufactured for & Distributed by:
 A.M.A.Z.I.N.G. NUTRITION
 An FDA Registered Facility
 111445 105, RI, 02914

AMAZING  NUTRITION

AMAZING  FORMULAS

DIETARY SUPPLEMENT

Melatonin

- ❑ Helps Fall Asleep Fast & Stay Asleep All Night *
- ❑ Helps Regulate Sleep Cycle *
- ❑ Calming and Relaxing Effect *



5 MG
 180 TABLETS



Supplement Facts

Serving Size 1 Tablet

Serving Per Container 180

Amount Per Serving	% DV
Melatonin	5 mg --
(as N-Acetyl-5-Methoxytryptamine)	

— Daily Value (DV) not established

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide and Magnesium Stearate.

DISCLOSURE: As a dietary supplement, whole label use (1 tablet at bedtime as Melatonin) may produce drowsiness or be directed by a health care professional.

CUTION: Not intended for use by pregnant or nursing women and persons under the age of 18. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to five months with a break of one week.

CONTAINS: NO: Preservatives, Artificial Colors, Flavor or Sweeteners, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Yeast or Fish.