

PROMOTES A
POSITIVE MOOD*



St. John's Wort has been used for centuries to help promote a positive mood.* We source from the regions where it grows best, like Chile and Europe, where the soil is dry and the cooler climate makes for perfect growing conditions. At Nature's Way®, we believe nature knows best. That's why our mission is to seek out the best herbs the earth has to give. It's the way we deliver uncompromising quality and help you live healthier.

◆ LG63000.B02 BLK8080B



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



✱ PREMIUM EXTRACT ✱

ST. JOHN'S WORT

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90 VEGAN CAPSULES | 300 MG of Extract
per Serving
DIETARY SUPPLEMENT

Recommendation: Take 1 capsule 2-3 times daily, preferably with food. Best results obtained with continuous use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
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St. John's Wort Extract (stem, leaf, flower) standardized to 0.15% dianthrone measured as hypericins (0.45 mg)	300 mg**
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Rosemary (leaf)	80 mg**
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Spirulina	40 mg**
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**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose, magnesium stearate

Warning: Do not use if you are pregnant, nursing, or taking antidepressant medications. If you are taking other medications consult a healthcare professional before use. Avoid ►

excessive exposure to UV radiation (e.g., sunlight or tanning) while using the product. Contains the amino acid phenylalanine.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No salt, yeast-derived ingredients, wheat, soy, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
naturesway.com



BOTTLES MADE
FROM 97%
POST-CONSUMER
RECYCLED PLASTIC



BOTTLED & TESTED
IN THE USA