

## TRADITIONAL ADAPTOGEN\*



Schisandra has been used in traditional Chinese culture as an herbal remedy for centuries. Its Mandarin name means "five flavored fruit" as it is said to have the five flavor profiles of Chinese herbalism: bitter, sweet, salty, sour, and pungent. Schisandra has been traditionally used for its adaptogenic properties.\*

◆ LG16800.B01 BLK8212B



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



# SCHISANDRA — FRUIT —

TRADITIONAL  
ADAPTOGEN\*



100 VEGAN CAPSULES | 1,160 MG per Serving

DIETARY SUPPLEMENT

**Recommendation:** Take 2 capsules twice daily, preferably with food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 2 Capsules  
Serving per Container 50

Amount per Serving	% DV
Schisandra (fruit)	1.16 g**

\*\*Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose)

**Keep out of reach of children.** Safety sealed with printed inner seal. Do not use if seal is broken or missing.

**GLUTEN FREE.** No sugar, salt, yeast, wheat, corn, soy, dairy products, or artificial colors, flavors, or preservatives.

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**Questions?** 1-800-9NATURE /  
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