



Supplement Facts

Serving Size: 1 Scoop (7.1 g)
Serving per Container: 60

Amount Per Serving		%DV
BCAA 3:1:2		**
L-Leucine	3,000 mg	**
L-Isoleucine	1,000 mg	**
L-Valine	2,000 mg	**

** Daily Value (DV) not established

OTHER INGREDIENTS: Malic Acid, Stevia, Silicon Dioxide, Citric Acid, Natural and Artificial Flavors.

SUGGESTED USE: Mix 1 serving of AMAZING MUSCLE® BCAA 3:1:2 with 8-12 ounces of water 30-45 minutes before, or immediately after workouts. Or mix 1-2 servings with 8-12 ounces of fluid and consume on an empty stomach up to 3 times a day.

CAUTION: Not for use by individuals under the age of 18. If you are pregnant or nursing, taking any medications, planning a medical procedure or have any medical condition, consult your physician prior to using this product to an extended recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if any adverse reactions occur. **KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.**

NOTICE: Use this product as a dietary supplement only. Do not use for weight reduction. Contents are packaged by weight, not volume. Some settling of powder may occur.



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AMAZING BENEFITS OF AMAZING MUSCLE® BCAA 3:1:2

BCAAs or Branched Chain Amino Acids are the building blocks of protein. Amino acids are necessary for the growth and repair of muscles and tissues.* Without them, protein in the body breaks down resulting in muscle loss.* Branched Chain Amino Acids (BCAAs), named according to their molecular structure, include the essential amino acids L-valine, L-leucine and L-isoleucine, and may be taken in supplement form before, during or after workouts to help improve exercise performance and endurance in addition to potentially aiding in muscle recovery.* BCAAs, specifically L-valine, may potentially help to reduce serotonin levels and help prevent L-tryptophan from entering the brain as a means of bypassing exercise fatigue.* BCAA supplementation may be useful for gaining muscle mass.*

STIR UP: AMAZING MUSCLE® BCAA 3:1:2 is very easy to mix with your favorite beverage. Carry your drink on the go. You don't always need a shaker or a blender at hand. Simply stir up one scoopful of powder with liquid. Enjoy!

BLEND UP: Add a serving of BCAA 3:1:2 into a blender with the desired amount of liquid and blend for 20-30 seconds. To make your AMAZING MUSCLE® BCAA drink refreshing, add 1-2 ice cubes and blend for 30 seconds. Enjoy!

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

