

HERBAL SECRETS® Valerian Root is an all-natural herbal supplement that promotes relaxation and restful sleep.* Valerian Root is well known for its sedative qualities and its ability to relax the central nervous system and soothe muscles.* It is especially helpful for those who have trouble sleeping or relaxing.*

SUGGESTED USE: As a dietary supplement, adults take one (1) to three (3) softgels at bedtime or as directed by a health care professional.

CAUTION: If you are pregnant, nursing, taking any medication(s) or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment. Not intended for use by persons under the age of 18. **KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PRODUCT CODE
22248

100%
NATURAL
MADE IN

THE USA



**HERBAL
SECRETS®**

NATURAL DIETARY SUPPLEMENT

Valerian Root

Relaxation Aid*

- Calming & Relaxing Effect*
- Helps You Fall Asleep Fast & Stay Asleep All Night*
- Promotes Cell Health & Regeneration*



1,000MG
PER SERVING

120 SOFTGELS

Supplement Facts

Serving Size 2 Softgels
Serving Per Container 60

	Amount Per Serving	% DV
Valerian Root Extract (<i>Valeriana officinalis</i>) (root) (a 4:1 Extract, equivalent to 2,000 mg of Valerian Root)	1,000 mg	**
** Daily Value (DV) not established		

OTHER INGREDIENTS: Soybean Oil, Gelatin, Vegetable Glycerin, Soy Lecithin, Contains <2% of: Natural Caramel Color, Titanium Dioxide Color, Yellow Beeswax.

SHELL INGREDIENTS: Gelatin, Vegetable Glycerin, Natural Caramel Color, Titanium Dioxide Color, Purified Water.

CONTAINS NO: Artificial Preservatives, Colors or Sweeteners, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.

**vitamin
angels®**
PROUD SUPPORTER

**HERBAL
SECRETS®**

Manufactured for & Distributed by:
HERBAL SECRETS®
An FDA Regulated Facility
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