Herbal Secrets® Organic Raw Cacao Nibs are simply chocolate in its purest form before anything else is added. They are dried and fermented bits of cacao beans. Cacao nibs have a slightly bitter and nutty, deep chocolate flavor. Raw cacao nibs have NO additives, insuring all the nutrients of the natural cacao bean is preserved. Raw Cacao nibs are an excellent source of antioxidants, fiber, iron and magnesium. They serve as a delicious and nutritious treat to support brain health, insulin sensitivity, promote positive mood and general good health*. Herbal Secrets® Organic Raw Cacao Nibs are organically grown and harnessed while promoting environmental sustainability.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: These crunchy cacao nibs are often used to play up the chocolate flavor in sweets and other dishes. Enjoy 1 oz. of Cacao Nibs every day for a nutritional boost.

- RIGHT OUT OF THE JAR: Enjoy them straight or accompanied by your favorite cup of coffee or tea.
- TRAIL MIX: Make a trail mix by mixing a handful of organic cacao nibs with nuts and dried fruit.
- SMOOTHIES: Grind a tablespoon of cacao nibs and then blend them into a fruit smoothie for a unique chocolate kick.
- BREAKFAST FOODS: Sprinkle a spoonful of organic cacao nibs into your morning cereal or oatmeal for an antioxidant boost.
- BAKED GOODS: Substitute part chocolate chips for cacao nibs in baked goods like brownies, granola bars, muffins etc., to add a deep chocolate richness.

NON GMO · GLUTEN FREE · RAW · KOSHER · VEGAN · MADE IN THE USA

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USDA ORGANIC

HERBAL SECRETS™

NATURAL DIETARY SUPPLEMENT

Organic Raw Cacao Nibs

Great-Tasting Non-GMO Low-Calorie Snack!

GMP

- Rich In Flavonoids & Antioxidants
- Supports Cardiovascular Health*
- Promotes Brain Health & Positive Mood*

NET WT. 16 OZ (1 LB)

16 APPROX. SERVINGS

Supplement Facts

Serving Size 1 oz. (28 g)
Serving Per Container Approximately 16

Amount Per Serving		
Calories 130	Calories from Fat 125	
		% Daily Value*
Total Fat	14 g	22%
Saturated Fat	9 g	45%
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Sodium	0 mg	0%
Total Carbohydrates	8 g	3%
Dietary Fiber	6 g	24%
Sugars	0 g	
Protein	4 g	8%
Vitamin A 0%	• Vitamin C	0%
Calcium 2%	• Iron	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower, depending on your calorie needs.

INGREDIENT: Certified Organic Raw Cacao (*Theobroma cacao*)

CONTAINS NO: Artificial Flavor or Sweetener, Preservatives, Sugar, Starch, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.

CAUTION: Consult physician before use if pregnant/nursing, taking medication, planning a medical procedure or have a medical condition.

- Product of Peru

HERBAL SECRETS™

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Herbal Secrets®
629 Grove Street
Jersey City, NJ 07310
www.herbalsecrets.com

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