

Also called Peruvian Ginseng, Maca is a root that grows in Peru. Organic Maca Root may help improve sexual health, boost libido and strengthen endurance in both men and women.* It may support women's health by helping to balance hormonal levels and relieving symptoms of menopause like hot flashes, cramps, mood swings, etc.* Organic Maca is rich in vitamins and minerals.* Vitamin C in Organic Maca supports immune health and aids your body in fighting diseases.* Iron in Organic Maca supports heart health and aids in the growth of red blood cells.*

SUGGESTED USE: As a dietary supplement, take 1/2 level teaspoon (2 g) 1 to 2 times daily with at least 8 ounces of water 30-45 minutes before a meal or as directed by a health care professional.

CUTION: For adults only. Take this product as recommended. This product should be consumed with at least a full glass of liquid. Using this product without enough liquid may cause choking. Do not use if you have difficulty in swallowing. Consult a physician before use if pregnant or nursing, taking medication(s) or have a medical condition. **KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NATURAL DIETARY SUPPLEMENT

Organic Maca Root

Made With Organic Maca Root

- Free of GMOs
- Supports Mood & Hormonal Balance*
- Promotes Reproductive Health*
- Supports Cardiovascular & Immune Health*



NET WT. 32 OZ

181 SERVINGS

Supplement Facts

Serving Size 1 Teaspoon (5 g)
Serving Per Container Approximately 181

Amount Per Serving		
Calories	17	Calories from Fat 0
		% DV*
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	0 mg	0%
Potassium	80 mg	2%
Total Carbohydrates	4 g	1%
Dietary Fiber	0 g	1%
Sugars	1 g	
Protein	1 g	2%
Vitamin A	0%	Vitamin C 2%
Calcium	2%	Iron 2%

*% Daily Values (% DV) are based on a 2,000 calorie diet.

INGREDIENT: 100% Pure Organic Maca Root Powder

DRINK IT: Mix the desired amount of Organic Maca Root Powder to your favorite smoothies or other beverages for an instant energy boost.

EAT IT: Add Organic Maca Root Powder to your soups, baked goods, snacks and favorite dishes as a hearty and wholesome additional ingredient.

CONTAINS NO: Artificial Preservatives, Artificial Color, Flavor or Sweetener, Sugar, Starch, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Inulin.



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