

We believe that **Amazing Nutrition**® is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

Creatine is an organic acid that plays a key role in supplying energy to muscle cells during intense activity, such as exercise.* It is stored in muscle cells to help produce ATP, which is considered to be the energy currency of life.* Supplementing with Creatine may help to increase muscle mass, improve athletic performance, and increase muscle protein synthesis.* This Creatine product comes micronized, meaning the powder will mix easily in liquid and absorb faster in the body.

KEEP OUT OF REACH OF CHILDREN

STORE IN A COOL, DRY PLACE

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING

AMAZING  NUTRITION®

AMAZING  FORMULAS™

DIETARY SUPPLEMENT

Creatine

Micronized

Supplement Facts

Serving Size: 1 Scoop (1 g)	Serving Per Container: 454	
	Amount Per Serving	% Daily Value
Creatine Monohydrate (Micronized)	1 g	1,667%†
† Percent Daily Value is based on a 2,000 calorie diet		

OTHER INGREDIENTS: None.

Manufactured for & Distributed by:
Amazing Nutrition
Jersey City NJ 07310
1-800-526-0177
www.amazingnutrition.com

**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.*



- ✔ Supports ATP Production*
- ✔ Promotes Athletic Performance*
- ✔ Supports Lean Muscle Mass*

1 LB
454 SERVINGS



SUGGESTED USE: As a dietary supplement, mix one (1) scoop of powder with 8-12 oz of water or juice and consume immediately after exercise. For optimum results, take either serving prior to bedtime or as directed by a health care professional.

CUTION: This product is only intended to be consumed by healthy individuals 18 years of age. Consult a physician if you are pregnant or nursing, taking any medication or have any medical condition. Do not exceed recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if you experience unwanted side effects. Discontinue use two weeks prior to surgery. Content based by weight not volume. Some settling may occur.

CONTAINS NO: Artificial Color, Flavor, Sweetener, Preservatives, Sugar, Salt, Lactose, Wheat, Yeast, Fish or Sodium.