

We believe that **Amazing Nutrition®** is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

Milk Thistle is a herb native to Europe and Asia. Milk Thistle contains a compound called **Silymarin**, which may support healthy liver function and help to protect the liver from the effects of toxins.\* Antioxidants in Silymarin support healthy aging, as they inhibit the oxidative stress in cells.\* Milk Thistle supports healthy immune function and promotes good health and well-being.\*



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AMAZING  NUTRITION®

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DIETARY SUPPLEMENT

# Milk Thistle

## Supplement Facts

Serving Size 1 Capsule      Serving Per Container 120

	Amount Per Serving	% DV*
Milk Thistle Extract ( <i>Silybum marianum</i> ) (seed) (standardized to contain 80% Silymarin, 140 mg)	175 mg	**

\*% Daily Value (% DV) not established.

OTHER INGREDIENTS: Maltodextrin, Gelatin, Vegetable Magnesium Stearate, Silica

\*These statements have not been evaluated by the **Food and Drug Administration**. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

Manufactured for & Distributed by:

Amazing Nutrition®

Jersey City, NJ 07310 USA



- 3 Standardized To Contain 80% Silymarin
- 3 Helps to Detoxify & Protect the Liver\*
- 3 Supports Healthy Immune Function\*

175 MG  
120 CAPSULES



**SUGGESTED USE:** As a dietary supplement, adults take one (1) capsule 2 to 3 times daily, preferably with a meal or as directed by a health care professional.

**CAUTION:** If you are pregnant, nursing, taking any medication(s) or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

**CONTAINS NO:** Artificial Preservatives, Colors, Flavors or Sweeteners, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.