

HERBAL SECRETS™ Ashwagandha is made from the roots of the *Withania somnifera* plant. Ashwagandha is a herb that is known to reduce anxiety and stress levels, increase vitality & control fatigue.* It supports both physical and mental performance.* Ashwagandha is also known as Indian Ginseng may help rejuvenate the nervous system.* As an adaptogen, Ashwagandha may help in having a positive effect in supporting healthy immune system.*

RAW

KOSHER

VEGAN

NON
GMO

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



NATURAL DIETARY SUPPLEMENT

Organic Ashwagandha Root

Certified Organic Powder

- Traditional Ayurvedic Herb
- Promotes Mental Clarity*
- Helps to Reduce Anxiety & Stress*
- Supports Musculoskeletal System*



NET WT. 16 OZ

227
SERVINGS

Supplement Facts

Serving Size 1/2 teaspoon
Serving Per Container 227

	Amount Per Serving	% DV*
Organic Ashwagandha Root Powder (<i>Withania somnifera</i>)	2 g	—

* % Daily Value (% DV) not established.

INGREDIENT: Organic Ashwagandha Root Powder

CONTAINS NO ADDED: fillers, gluten, starch, preservatives, artificial color, flavor, sugar or additives.

SUGGESTED USE: Mix 1/4 to 1/2 teaspoon with warm water, once or twice daily or as directed by a health care professional. Close the container tightly after each use.

CUTION: Not recommended for use by pregnant or nursing women. If you are using a sedative medication, consult a health care professional before using this product. **KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**



Manufactured For & Distributed by:
Herbal Secrets™
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