

We believe that **Amazing Nutrition®** is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

Amazing Nutrition® Cascara Sagrada is a natural laxative made from the reddish-brown bark of a tree (*Rhamnus purshiana*) native to the Pacific Northwest. It is also known as 'sacred bark' due to its amazing benefits supporting digestive health.* Cascara Sagrada may help relieve constipation and regulate bowel movements; promoting healthy digestive and detoxification function.*



Shop Online At:
amazingnutrition.com
Product # 1418

Call Toll-Free:
1-800-526-0177

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

KEEP OUT OF REACH OF CHILDREN
STORE IN A COOL, DRY PLACE
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING

Manufactured for & Distributed by:
Amazing Nutrition®
Jersey City, NJ 07310 USA

AMAZING **AN** NUTRITION®

AMAZING  FORMULAS™

DIETARY SUPPLEMENT

Cascara Sagrada

- ✓ Supports Healthy Digestive & Detoxification Function*
- ✓ Helps Relieve Constipation*
- ✓ Promotes Liver Health*

450 MG
120 CAPSULES



Supplement Facts

Serving Size 1 Capsule
Serving Per Container 120

	Amount Per Serving	% Daily Value*
Cascara Sagrada (<i>Rhamnus purshiana</i>) (bark)	450 mg	**

** % Daily Value (% DV) not established.

OTHER INGREDIENTS: Gelatin, Vegetable Magnesium Stearate.

SUGGESTED USE: As a dietary supplement, adults take one (1) capsule daily, preferably with a meal. Drink 8 six ounce glasses of water daily or as directed by your health care professional. (Capsules may be opened and prepared as a tea).

CAUTION: This product contains Cascara Sagrada (*Rhamnus purshiana*). Read and follow directions carefully. Limit use to no more than two weeks. Not intended for use by persons under the age of 18. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

CONTAINS NO: Artificial Preservatives, Colors, Flavors or Sweeteners, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.