

Best Curcumin C³ Complex® contains a potent standardized extract of Curcuma longa root, commonly known as turmeric. Turmeric is the yellow spice that gives flavor to curried dishes. The herb has been used in the Ayurvedic healing tradition for centuries as a folk remedy. The active ingredients in Curcuma longa are plant substances called curcuminoids, compounds that demonstrate potent antioxidant properties in scientific studies.* Curcuminoids may benefit the joints, brain, heart and the circulatory system by helping to neutralize free-radicals.*

Best Curcumin C³ Complex® supplies 95% total curcuminoids, including curcumin, bisdemethoxy curcumin and demethoxy curcumin. BioPerine® is an extract of Black Pepper fruit that contains 95-98% piperine. BioPerine® is added as a natural bio-enhancer to promote absorption.*

Protects cells and tissues by fighting free radicals.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by **Doctor's Best, Inc.**
San Clemente, CA 92673

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Doctor's BEST®

**Science-Based
Nutrition™**

**Dietary
Supplement**

With
**BioPerine® • Best
Curcumin
C³Complex®**

**POTENT ANTIOXIDANT PROTECTION
FOR CELLULAR HEALTH***

1000 mg / 120 Tablets

Supplement Facts

Serving Size 1 tablet
Servings per container 120 servings

	Amount per serving	% Daily Value
Turmeric root (Curcuma longa) (Curcumin C ³ Complex®)	1000 mg	†
Standardized to >95% Curcuminoids	950 mg	
Including:		
Bisdemethoxy Curcumin (2.5 - 6.5%)		
Demethoxy Curcumin (15 - 25%)		
Curcumin (70 - 80%)		

Black pepper fruit extract (Piper nigrum) (BioPerine®)	5 mg	†
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† Daily Value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate (vegetable source), silicon dioxide, croscarmellose sodium.

Suggested Adult Use: Take 1 tablet two times per day, with or without food.

Consult a health care practitioner prior to use if you have gallstones.

Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS



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