

ENERGY*



With a rich history in both Siberian and Chinese cultures, Rhodiola is an adaptogenic herb that grows in high altitudes in cooler, drier climates like Scandinavia, Russia, and Canada. Rhodiola promotes energy and mental stamina.*

◆ LG15321.02 BLK8121



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



PREMIUM EXTRACT

RHODIOLA

ENERGY*



60 VEGAN CAPSULES | 250 mg per Serving
DIETARY SUPPLEMENT

Recommendation: Take 1 capsule twice daily, preferably before meals. For best results, take in the morning and at mid-day.

Warning: Do not use if you are taking antidepressant medications, or if you are under 18 years of age. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

| Amount per Serving | % DV |
|---|----------|
| Rhodiola Rosea Root Extract standardized to 3% rosavins (7.5 mg), 1% salidroside (2.5 mg) | 250 mg** |

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), silica, magnesium stearate

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No salt, yeast-derived ingredients, wheat, soy, corn, dairy products, or artificial colors, flavors, or preservatives.

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BOTTLES MADE FROM 97% POST-CONSUMER RECYCLED PLASTIC

