

Dietary Supplement

Amazing INDIA® Ashwagandha is organically grown and made from the roots of *Withania somnifera*. Ashwagandha is a herb that may help reduce anxiety or stress, increase vitality and control adrenal fatigue.* It may help improve both physical and mental performance.* Ashwagandha is also known as Indian Ginseng and may help rejuvenate the nervous system.* As an adaptogen, Ashwagandha has a positive effect on a healthy immune system.*



* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: This product can expose you to chemicals including Lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov.

Manufactured for & Distributed by:
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amazing INDIA®

Ashwagandha

Made with Organic Ashwagandha



Adrenal Health Support*
Supports Anxiety & Stress Relief*
Promotes Vitality*

500 MG 250 VEGGIE CAPSULES

Supplement Facts

Serving Size 1 Veggie Capsule
Serving Per Container 250

Amount Per Serving		% Daily Value
Organic Ashwagandha Powder (<i>Withania somnifera</i>) (root)	500 mg	**

** Daily Value not established

Other Ingredients: Vegetable Cellulose (Capsule), Silicon Dioxide and Magnesium Stearate.

Suggested Use: As a dietary supplement, adults take one (1) veggie capsule twice daily, preferably after meals or as directed by a health care professional. For best results it should be taken with warm water.

Caution: Do not exceed recommended dose. If you are pregnant/nursing, under the age of 18, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL DRY PLACE AWAY FROM DIRECT SUNLIGHT. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.**

Free Of: Preservatives, Artificial Color, Flavor or Sweetener, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.