

SUGGESTED USE

Take 1 ml, hold in mouth for 15 seconds, and then swallow. Best taken on an empty stomach.

Use once daily in the morning or early afternoon, or as recommended by your healthcare provider.

Vitamin B12 features three bioactive forms for maximum absorption. B12 supports normal energy levels, metabolism, and cardio health.[†]

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

globalhealing.com 1.800.476.0016



GLOBAL HEALING®

Since 1998

— TRIPLE ACTIVATED —

Vitamin B12

5000 mcg



Energy • Metabolism
Cardio Health

1 FL OZ (29.6 ML) • DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 ml

Servings Per Container: About 30

	Amount Per Serving	% DV
Vitamin B12	5,000 mcg	208,330%
(as 60% methylcobalamin, 20% adenosylcobalamin, 20% hydroxocobalamin)		

Other Ingredients: organic vegetable glycerin, triple-distilled water, energized trace minerals

Global Healing Center, LP, Houston, TX, 77055
Certified Organic by Natural Food Certifiers



See bottle for best-by date and lot information.

B12-10Z-21v01