

TRADITIONAL SLEEP AID*



At Nature's Way®, we believe nature knows best. That's why our mission is to seek out the best herbs the earth has to give. We will go to any continent or country to find where herbs grow best, so we can bring you the purest botanicals possible. It's the way we deliver uncompromising quality and the way to help you live healthier. It's not just our way, it's Nature's Way.™

◆ LG14650.B01 BLK8323B



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



MELISSA LEMON BALM LEAF

TRADITIONAL
SLEEP AID*



100 VEGAN CAPSULES | 1,500 MG per Serving

DIETARY SUPPLEMENT

Recommendation: Take 3 capsules daily. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Capsules
Servings per Container 33

Amount per Serving	% DV	
Calories	5	
Total Carbohydrate	<1 g	<1%†
Total Sugars	<1 g	**
Includes 0 g Added Sugars	0%	
Lemon Balm (leaf)	1.5 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose)

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No salt, yeast, wheat, corn, soy, dairy products, or artificial colors, flavors, or preservatives.

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