

HEALTHY MUSCLE FUNCTION*



At Nature's Way®, we strive to help people live their best lives, using the gifts of nature. To live up to that vision, we believe we need to care for the planet that provides those gifts. That's why the new Nature's Way square bottles use 97% post-consumer recycled plastic. We think it's one way to help care for the environment.

◆ LG41051.A01 BLK8056A



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



MAGNESIUM — COMPLEX —

HEALTHY
MUSCLE FUNCTION*

[CERTIFIED
POTENCY]

100 CAPSULES | 500 MG per Serving

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules daily, preferably with food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules

Servings per Container 50

Amount per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Magnesium (as magnesium citrate and oxide)	500 mg	119%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: gelatin (capsule), cellulose, magnesium stearate, silica

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, or artificial colors, flavors, or preservatives.

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