



Liquid Iron

OPTIMIZE LEVELS

Iron 18 mg per serving

Gentle to Your System

High Bioavailability



**Berry Flavored
Sugar Free**

**32
SERVINGS**
JUST 1 Tbsp DAILY

16 FL OZ (1 PT) (480 mL) • Dietary Supplement

Supplement Facts

Serving Size 1 Tablespoon (Tbsp) (1/2 fl. oz./15 mL)
Servings per Container 32

Amount per Serving	% DV
Calories	10
Total Carbohydrate	2 g 1%†
Total Sugars	0 g **
Includes 0 g Added Sugars	0%†
Sugar Alcohol	2 g **
Iron (as ferric glycinate)	18 mg 100%

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, glycerin, sorbitol, erythritol, natural flavors, malic acid, xanthan gum, potassium benzoate (preservative to maintain freshness), stevia leaf extract, disodium EDTA

©2021 Distributed by Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions? 1-800-9NATURE / naturesway.com



RECOMMENDATION: Shake well before each use. Adults take 1 tablespoon (Tbsp) (½ fluid ounce/15 mL) daily either directly or mixed into water or juice. Do not exceed recommended dose. To optimize iron absorption, take this product at least 2 hours before or after taking calcium or dairy products.

If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

▶ **FAST ABSORBING LIQUID**

helps you restore energy reserves and reduce signs of fatigue.†*

▶ **HIGHLY BIOAVAILABLE** with a glycinate form of iron that is gentle to your system.*

▶ **GREAT TASTING** liquid provides 100% of your daily value.

▶ **EACH TABLESPOON** is easier than swallowing tablets.

†For those deficient in iron. Less than 5% of US adults have iron-deficient anemia.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



ST1823 BL0811A
L1811823.A04