

Each preservative-free vegetarian capsule contains only the active ingredients listed on the label. **Excipient-free.**

**STORAGE:** Keep tightly closed, in a dry place. Do not expose to excessive heat.

**KEEP OUT OF THE REACH OF CHILDREN.**

**CAUTION:** Pregnant or lactating women, consult your healthcare professional before taking this product.

Manufactured in a GMP Certified Facility  
Metabolic Maintenance Products  
PO Box 940, Sisters, Oregon 97759  
[www.metabolicmaintenance.com](http://www.metabolicmaintenance.com)



23224A EXP 11/12



**Metabolic Maintenance**

VITAMIN SUPPLEMENT

**Vitamin D-3**

60 CAPSULES

10,000 IU

**DIRECTIONS:** One (1) capsule daily with a meal as a dietary supplement, or as directed by a Doctor.

**Supplement Facts**

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value	
<b>Vitamin C</b> (as Ascorbic Acid)	300 mg	500%
<b>Vitamin D-3</b> (as Cholecalciferol)	10,000 IU	2500%

Other ingredients: vegetarian capsule, L-leucine  
Physician monitoring of vitamin D level recommended.