

TRADITIONAL HERB



Goldenseal is native to the Midwest and Plains regions of North America. It only grows in shaded areas and takes up to five years of cultivation before harvesting. At Nature's Way®, we believe nature knows best. That's why our mission is to seek out the best herbs the earth has to give. It's the way we deliver uncompromising quality and help you live healthier.

◆ LG13700.A01 BLK8117A



GOLDENSEAL

—HERB—

TRADITIONAL HERB



100 VEGAN CAPSULES | 800 MG per Serving
DIETARY SUPPLEMENT

Recommendation: Take 1-2 capsules daily with meals. For best results use continuously for at least one week. **Warning:** Do not use this product if pregnant or nursing. If you have diabetes, or are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules

Servings per Container 50

Amount per Serving	% DV	
Total Carbohydrate	<1 g	<1%†
Goldenseal (stem, leaf, flower)	800 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose)

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, corn, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
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