

TRADITIONAL
CHINESE HERB



At Nature's Way®, we believe nature knows best. That's why our mission is to seek out the best herbs the earth has to give. We will go to any continent or country to find where herbs grow best, so we can bring you the purest botanicals possible. It's the way we deliver uncompromising quality and the way to help you live healthier. It's not just our way, it's Nature's Way.™

◆ LG12900.B01 BLK8220B



FO-TI
— ROOT —

TRADITIONAL
CHINESE HERB



100 VEGAN CAPSULES | 1,220 MG per Serving

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules
Servings per Container 50

Amount per Serving	% DV
Fo-Ti (root)	1.22 g**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
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