

MEGA POTENCY OMEGA-3s

- FISOL® contains a pure, highly concentrated fish oil with 50% Omega-3 essential fatty acids (30% EPA/20% DHA) to help support:
- **HEALTHY BLOOD TRIGLYCERIDE LEVELS****
 - **CARDIOVASCULAR HEALTH***
 - **SKIN AND JOINTS***

*Already within the normal range.

SUSTAINABLY SOURCED

FISOL supports ocean ecosystems by using sustainably-sourced fish.

GLUTEN FREE. No yeast-derived ingredients, wheat, dairy products, or artificial colors.

KEEP OUT OF REACH OF CHILDREN. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

◆ L615334.C01 BLKRODC

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QUESTIONS? 1-800-9NATURE / naturesway.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

SINCE **Nature's Way** 1969

FISOL™
FISH OIL
**CARDIOVASCULAR
& JOINT HEALTH***



50% EPA AND DHA
ENTERIC-COATED • SUPERIOR PURITY

180 SOFTGELS DIETARY SUPPLEMENT

RECOMMENDATION: Take 1 softgel up to three times daily with water. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Softgel

Amount per Serving	% DV
Calories	5
Total Fat	0.5 g 1%†
Saturated Fat	0 g 0%†
Trans Fat	0 g **
Polysaturated Fat	0 g **
Monounsaturated Fat	0 g **
Cholesterol	0 mg 0%
Fish Oil	500 mg **
Omega-3 Fatty Acids	250 mg **
Eicosapentaenoic Acid (EPA)	150 mg **
Docosahexaenoic Acid (DHA)	100 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: gelatin (softgel), glycerin, purified water, sodium alginate, ethylcellulose, medium chain triglycerides, oleic acid, sunflower oil, mixed tocopherols (preservative to maintain freshness), stearic acid, rosemary extract (leaf) (preservative to maintain freshness), ascorbyl palmitate (preservative to maintain freshness)
Contains fish (anchovy, sardine, mackerel).



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- FISOL® contains a pure, highly concentrated fish oil with 50% Omega-3 essential fatty acids:
- **30% EPA (EICOSAPENTAENOIC ACID)**
 - **20% DHA (DOCOSAHEXAENOIC ACID)**

HELPS REDUCE THE RISK OF CORONARY HEART DISEASE

Supportive - but not conclusive - research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. (See Supplement Facts for total fat and cholesterol content).

ADDITIONAL BENEFITS

Research confirms the important role of Omega-3 fatty acids in:

- **Maintaining healthy blood triglyceride levels (already within the normal range)***
- **Supporting the heart, skin, and joints***

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ENTERIC-COATED FISOL™ FOR TARGETED RELEASE*

Unique, enteric-coated FISOL softgels withstand stomach acid to release fish oil directly into the intestinal tract. This ensures you get the benefits of fish oil, but without the negative side effects commonly associated with many non-coated fish oil products.

- **NO FISHY BURP-BACK**
- **NO DIGESTIVE DISCOMFORT**
- **NO FISHY BREATH**



GUARANTEED PURITY

FISOL contains premium fish oil that is:

- **TESTED FOR PCBs, HEAVY METALS (INCLUDING MERCURY), AND OTHER IMPURITIES**



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