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ADVANCED MATURE GOLD

Dietary Supplement

Comprehensive multivitamin
formulated for adults 50+*

150 Tablets

MULTI
VITAMINS

EST
1960

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin A (as Vitamin A Acetate and 30% as Beta Carotene)	8500 IU	170%
Vitamin C (as Ascorbic Acid)	125 mg	208%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Vitamin E Natural (as d-alpha Tocopheryl Succinate)	133 IU	443%
Vitamin B1 (as Thiamine Mononitrate)	20 mg	1333%
Vitamin B2 (as Riboflavin)	20 mg	1176%
Vitamin B3 (as Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	20 mg	1000%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	167 mcg	2783%
Biotin	150 mcg	50%
Pantothenic acid (as D-Calcium Pantothenate)	50 mg	500%
Calcium (as Dicalcium and Tricalcium Phosphate)	200 mg	20%
Iron (as Ferrous Fumarate)	10 mg	56%
Phosphorus (as Dicalcium and Tricalcium Phosphate)	111 mg	11%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Sulfate)	15 mg	100%
Selenium (as Selenium Amino Acid Chelate)	20 mcg	29%
Copper (as Copper Amino Acid Chelate)	2 mg	100%

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Manganese (as Manganese Sulfate)	3 mg	150%
Chromium (as Chromium Aminoate)	15 mcg	13%
Molybdenum (as Molybdenum Amino Acid Chelate)	25 mcg	33%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Boron (as Boron Citrate, Aspartate, Glycinate Complex)	200 mcg	†
Choline (as Choline Bitartrate)	50 mg	†
Citrus bioflavonoids	25 mg	†
Inositol	25 mg	†

† Daily Value not established

Other Ingredients: Calcium carbonate, stearic acid, magnesium stearate, silicon dioxide, croscarmellose sodium, sodium starch glycolate, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide, riboflavin).

Directions: As a dietary supplement for adults, 1 tablet daily or as directed by a health professional.

Contains Fish (Cod, Pollock, Haddock, Hake, Cusk, Redfish, Sole and Flounder) and Soy.

WARNING: Please consult a healthcare professional before taking this product if you are pregnant or nursing.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at room temperature. Protect from light. Keep out of reach of children.

Discover the Bronson Difference®

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Made in USA

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REF 0912