

**PURE EXTRA VIRGIN
COLD-PRESSED
COCONUT OIL**

PREMIUM SOURCE:

- **Non-GMO Coconuts**, unrefined and unbleached; Hexane free
- **62% MCTs†**: 2.4 g medium chain triglycerides (lauric, caprylic, and capric acids) per serving.

†See Supplement Facts for total fat and saturated fat content.

NOTE: Coconut oil in softgels may solidify below 76° F and change in appearance. This is normal and will not affect product quality.

GLUTEN FREE.

KEEP OUT OF REACH OF CHILDREN. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Store in a cool, dry place.

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COCONUT OIL
PURE EXTRA VIRGIN
4,000 MG PER SERVING



62% MCTs‡

2.4 g MEDIUM CHAIN TRIGLYCERIDES PER SERVING

‡SEE SUPPLEMENT FACTS FOR TOTAL FAT AND SATURATED FAT CONTENT.

120 SOFTGELS DIETARY SUPPLEMENT

RECOMMENDATION: Adults take 4 softgels daily with meals. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 4 Softgels / Servings per Container 30

Amount per Serving		% DV
Calories	45	
Total Fat	4 g	5%†
Saturated Fat	4 g	20%†
Trans Fat	0 g	**
Polyunsaturated Fat	0 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Protein	1 g	2%†

Organic Extra Virgin Coconut Oil 4 g **
providing 62% MCTs (2,484 mg):
Lauric Acid 1,902 mg; Caprylic
Acid 298 mg; Capric Acid 280 mg

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

OTHER INGREDIENTS: gelatin (softgel), glycerin, purified water

Contains tree nuts (coconut).

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