

Dietary Supplement

Doctor's

BEST

Science-Based
Nutrition™

HELPS MAINTAIN MENTAL
AND EMOTIONAL WELL-BEING*

Best

5-HTP

100 mg / 10 Veggie Caps

Manufactured for **Doctor's Best, Inc.**
San Clemente, CA 92673

(800) 777-2474 www.drbrvitamins.com

Supplement Facts

Serving Size 1 capsule

Servings per container 10 servings

	Amount per serving	% Daily Value
5-hydroxy L-tryptophan	100 mg	†

† Daily Value not established

Other ingredients: Modified Cellulose (vegetarian capsule), rice powder, magnesium stearate (vegetable source).

Suggested Adult Use: Take 1 capsule two or three times daily, with or without food.

Caution: Not to be used when taking MAO inhibitors, selective serotonin reuptake inhibitors (SSRIs), or other anti-depressant medications. It should also not be used by any individuals taking any of the category of medications known as "triptans."

KEEP OUT OF REACH OF CHILDREN

Best 5-HTP is tested to ensure that it does not contain "Peak X"

Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

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