

TRADITIONAL WOMEN'S
HEALTH REMEDY*



Native to Eastern North America, near the Appalachian mountains, black cohosh has traditionally been used by Native Americans for hundreds of years. It grows wild and is called the "fairy candle" due to the tall white flower that grows from the stem. However, the root is what the wild foragers are after and is dug up in the autumn and dried and powdered.

◆ LG14690.A02 BLK8081A



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



**BLACK
COHOSH**
—ROOT—

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180 VEGAN CAPSULES | 540 MG per Serving

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule three times daily.

Warning: Do not use if pregnant or nursing. Discontinue use and consult a healthcare professional if you have a liver disorder or develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice. If taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
Black Cohosh (root)	540 mg**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, corn, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
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