

Nature's Way

Alive!

20 ESSENTIAL
100%
or more of
DAILY VALUE
VITAMINS & MINERALS

**BALANCED
FOR WOMEN**
TO SUPPORT MULTIPLE
BODY SYSTEMS:



HEART*



BONES*



SKIN*



IMMUNITY*



EYES*

WOMEN'S ENERGY COMPLETE MULTIVITAMIN

• HIGH POTENCY •
B-VITAMINS
to help convert food to fuel*

**ORCHARD FRUITS™
& GARDEN VEGGIES™**
Powder Blend (100 mg per serving)

200 TABLETS • MULTIVITAMIN SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY
THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR
PREVENT ANY DISEASE.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV
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Vitamin A (as 70% [630 mcg] retinyl acetate and 30% [270 mcg] beta carotene)	900 mcg	100%
Vitamin C (ascorbic acid)	90 mg	100%
Vitamin D3 (as cholecalciferol)	50 mcg	250%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg	100%
Vitamin K (as phytonadione)	120 mcg	100%
Thiamin (as thiamin mononitrate)	2.4 mg	200%
Riboflavin	2.6 mg	200%
Niacin (as niacinamide)	16 mg	100%
Vitamin B6 (as pyridoxine HCl)	4.25 mg	250%
Folate (240 mcg Folic Acid)	400 mcg DFE	100%
Vitamin B12 (as cyanocobalamin)	12 mcg	500%
Biotin	30 mcg	100%
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg	150%

Amount per Serving	% DV
Calcium (as calcium carbonate, D-calcium pantothenate, dicalcium phosphate)	260 mg 20%
Iron (as ferrous fumarate)	18 mg 100%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	50 mg 12%
Zinc (as zinc oxide)	11 mg 100%
Selenium (as sodium selenate)	55 mcg 100%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	2.3 mg 100%
Molybdenum (as sodium molybdate)	45 mcg 100%
Orchard Fruits™ & Garden Veggies™ Powder Blend	100 mg **
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Pear, Tomato, Raspberry, Broccoli, Cherry, Spinach, Cauliflower, Grape, Acai, Asparagus, Banana, Brussels Sprout, Cabbage, Cranberry, Cucumber, Pea, Pineapple, Pumpkin	
Boron (as sodium borate)	150 mcg **
Lutein Carotenoid from FloraGLO® Aztec Marigold Extract (flower)	100 mcg **

**Daily Value (DV) not established.

Other ingredients: cellulose, sodium croscarmellose, gelatin, stearic acid, hydroxypropyl cellulose, magnesium stearate, hypromellose, polydextrose, titanium dioxide color, silica, medium chain triglycerides, carmine color

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FloraGLO
LIFE

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†Trademark of its respective company.

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