

Nature's
Way

Alive!

19 ESSENTIAL
100%
or more of
DAILY VALUE
VITAMINS & MINERALS

**BALANCED
FOR WOMEN**
TO SUPPORT MULTIPLE
BODY SYSTEMS:



HEART*



BONES*

CELLULAR
ENERGY*

IMMUNITY*



EYES*

WOMEN'S 50+
COMPLETE MULTIVITAMIN

• HIGH POTENCY •
B-VITAMINS
to help convert food to fuel*

**ORCHARD FRUITS™
& GARDEN VEGGIES™**
Powder Blend (100 mg per serving)

200 TABLETS • MULTIVITAMIN SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY
THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR
PREVENT ANY DISEASE.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving % DV

Vitamin A (as 70%
[630 mcg] retinyl acetate
and 30% [270 mcg]
beta carotene) 900 mcg 100%

Vitamin C
(ascorbic acid) 135 mg 150%

Vitamin D3
(as cholecalciferol) 50 mcg 250%

Vitamin E (as
di-alpha tocopheryl
acetate) 15 mg 100%

Vitamin K
(as phytonadione) 120 mcg 100%

Thiamin (as thiamin
mononitrate) 3.6 mg 300%

Riboflavin 2.6 mg 200%

Niacin
(as niacinamide) 16 mg 100%

Vitamin B6
(as pyridoxine HCl) 5.1 mg 300%

Folate 400 mcg DFE 100%
(240 mcg Folic Acid)

Vitamin B12
(as cyanocobalamin) 40 mcg 1,667%

Biotin 30 mcg 100%

Pantothenic Acid (as
D-calcium pantothenate) 7.5 mg 150%

Amount per Serving % DV

Calcium (as calcium
carbonate, dicalcium
phosphate, D-calcium
pantothenate) 260 mg 20%

Iodine (as potassium iodide) 150 mcg 100%

Magnesium
(as magnesium oxide) 50 mg 12%

Zinc (as zinc oxide) 16.5 mg 150%

Selenium (as sodium selenate) 55 mcg 100%

Copper (as copper sulfate) 0.9 mg 100%

Manganese
(as manganese sulfate) 4.6 mg 200%

Molybdenum
(as sodium molybdate) 45 mcg 100%

Orchard Fruits™ & Garden
Veggies™ Powder Blend 100 mg **

Blueberry, Orange, Carrot, Pome-
granate, Plum, Strawberry, Apple,
Beet, Pear, Tomato, Raspberry,
Broccoli, Cherry, Spinach, Cauli-
flower, Grape, Acai, Asparagus,
Banana, Brussels Sprout, Cabbage,
Cranberry, Cucumber, Pea,
Pineapple, Pumpkin

Lutein Carotenoid from
FloraGLO® Aztec Marigold
Extract (flower) 300 mcg **

Boron (as sodium borate) 150 mcg **

**Daily Value (DV) not established.

Other ingredients: cellulose, sodium croscarmellose, gelatin, stearic acid, hydroxypropyl cellulose, magnesium stearate, hypromellose, polydextrose, titanium dioxide color, silica, medium chain triglycerides, carmine color

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose.

Warning: Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin®[†] (warfarin) or any other medication, consult a healthcare professional before use.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FloraGLO
LUTEIN

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[†]Trademark of its respective company.

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