

Alive!
Nature's Way

WOMEN'S ENERGY
COMPLETE MULTIVITAMIN

ORCHARD FRUITS™ & GARDEN VEGGIES™
Powder Blend (100 mg per serving)

50 TABLETS • MULTIVITAMIN SUPPLEMENT

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Amount per Serving	% DV
Iron (as ferrous fumarate)	18 mg 100%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	50 mg 12%
Zinc (as zinc oxide)	11 mg 100%
Selenium (as sodium selenate)	55 mcg 100%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	2.3 mg 100%
Molybdenum (as sodium molybdate)	45 mcg 100%
Orchard Fruits™ & Garden Veggies™ Powder Blend	100 mg **
Blueberry, Orange, Carrot, Raspberry, Apple, Beet, Pear, Tomato, Raspberry, Broccoli, Spinach, Cauliflower, Grape, Acai, Acai, Acai, Banana, Pumpkin, Strawberry, Raspberry, Pear, Pineapple	
Thiamin (as thiamin mononitrate)	2.4 mg 200%
Riboflavin (as riboflavin)	2.6 mg 200%
Niacin (as niacinamide)	16 mg 100%
Vitamin B6 (as pyridoxine HCl)	4.25 mg 250%
Folate (as pyridoxine HCl)	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	12 mcg 500%
Biotin (as biotin)	30 mcg 100%
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg 150%
Calcium (as calcium phosphate)	260 mg 20%
Phosphorus (as phosphorus)	120 mg 100%
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Other ingredients: cellulose, sodium croscarmellose, gelatin, stearic acid, hydroxypropyl cellulose, magnesium stearate, hypromellose, polydextrose, titanium dioxide color, silica, medium chain triglycerides, carnine color.

Warning: Accidental overdose of iron-containing products is a leading cause of poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FloraGLO is a registered trademark of Kemin Industries, Inc.

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Bottled and tested in the USA • **Questions?** 1-800-9NATURE / feelalive.com
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100% OR MORE DV OF 20 VITAMINS & MINERALS

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• HIGH POTENCY • B-VITAMINS •
to help convert food to fuel*

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Powder Blend (100 mg per serving)

50 TABLETS • MULTIVITAMIN SUPPLEMENT

10 ESSENTIAL VITAMINS & MINERALS
100% or more of DAILY VALUE

BALANCED FOR WOMEN
TO SUPPORT MULTIPLE BODY SYSTEMS:

HEART* BONES* SKIN*

IMMUNITY* EYES*

FREE FROM GLUTEN, SOY, YEAST-DERIVED INGREDIENTS, WHEAT, DAIRY, AND PRESERVATIVES

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