

Alive!
Nature's Way

**WOMEN'S 50+
COMPLETE MULTIVITAMIN**

**ORCHARD FRUITS™
& GARDEN VEGGIES™
Powder Blend (100 mg per serving)**

50 TABLETS • MULTIVITAMIN SUPPLEMENT

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts		Amount per Serving	% DV
Serving Size 1 Tablet			
Amount per Serving	% DV		
Iodine (as potassium iodide)	150 mcg	100%	
Magnesium (as magnesium oxide)	50 mg	12%	
Vitamin A (as 70% (530 mcg) retinyl acetate and 30% (270 mcg) beta carotene)	900 mcg	100%	
Vitamin C (as ascorbic acid)	135 mg	150%	
Vitamin D3 (as cholecalciferol)	50 mcg	250%	
Vitamin E (as d-alpha tocopheryl acetate)	15 mg	100%	
Vitamin K (as phytonadione)	120 mcg	100%	
Thiamin (as thiamin mononitrate)	3.6 mg	300%	
Niacin (as niacinamide)	16 mg	100%	
Vitamin B6 (as pyridoxine HCl)	5.1 mg	300%	
Folate (400 mcg DCF Folic Acid)	400 mcg DCF	100%	
Vitamin B12 (as cyanocobalamin)	30 mcg	100%	
Biotin (as D-calcium pantothenate)	7.5 mg	150%	
Calcium (as calcium carbonate)	260 mg	20%	
Boron (as sodium borate)	150 mcg		
**Daily Value (DV) not established.			

Other ingredients: cellulose, sodium croscarmellose, gelatin, stearic acid, hydroxypropyl cellulose, magnesium stearate, hypromellose, polydextrose, titanium dioxide color, silica, medium chain triglycerides, carmine color.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FloragLO is a registered trademark of Kemlin Industries, Inc.

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L613662_H01 BLK8717H



100% OR MORE DV OF 19 VITAMINS & MINERALS

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Serving Size 1 Tablet			
Amount per Serving	% DV		
Vitamin A (as 70% (530 mcg) retinyl acetate and 30% (270 mcg) beta carotene)	900 mcg	100%	
Vitamin C (ascorbic acid)	135 mg	150%	
Vitamin D3 (as cholecalciferol)	50 mcg	250%	
Vitamin E (as d-alpha tocopheryl acetate)	15 mg	100%	
Vitamin K (as phytonadione)	120 mcg	100%	
Thiamin (as thiamin mononitrate)	3.6 mg	300%	
Niacin (as niacinamide)	16 mg	100%	
Vitamin B6 (as pyridoxine HCl)	5.1 mg	300%	
Folate (400 mcg DCF Folic Acid)	400 mcg DCF	100%	
Vitamin B12 (as cyanocobalamin)	30 mcg	100%	
Biotin (as D-calcium pantothenate)	7.5 mg	150%	
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**• HIGH POTENCY •
B-VITAMINS
to help convert food to fuel***

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& GARDEN VEGGIES™
Powder Blend (100 mg per serving)**

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**19 ESSENTIAL
100%
OR MORE OF
DAILY
VITAMINS & MINERALS**

Alive!® multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

**BALANCED FOR WOMEN 50+
TO SUPPORT MULTIPLE BODY SYSTEMS:**

HEART* BONES* CELLULAR ENERGY*

IMMUNITY* EYES*

FREE FROM GLUTEN, SOY, YEAST-DERIVED INGREDIENTS, WHEAT, DAIRY, AND PRESERVATIVES

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.