

Nature's Way

Alive!

19 ESSENTIAL
100%
or more of
DAILY VALUE
VITAMINS & MINERALS

**BALANCED
FOR MEN**
TO SUPPORT MULTIPLE
BODY SYSTEMS:



HEART*



MUSCLE*

CELLULAR
ENERGY*

IMMUNITY*



EYES*

MEN'S ENERGY COMPLETE MULTIVITAMIN

• HIGH POTENCY •
B-VITAMINS
to help convert food to fuel*

**ORCHARD FRUITS™
& GARDEN VEGGIES™**

Powder Blend (100 mg per serving)

200 TABLETS • MULTIVITAMIN SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED
BY THE FOOD & DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE,
TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving		% DV
Vitamin A (as 70% [630 mcg] retinyl acetate and 30% [270 mcg] beta carotene)	900 mcg	100%
Vitamin C (ascorbic acid)	135 mg	150%
Vitamin D3 (as cholecalciferol)	40 mcg	200%
Vitamin E (as dl-alpha tocopheryl acetate)	22.5 mg	150%
Vitamin K (as phytonadione)	120 mcg	100%
Thiamin (as thiamin mononitrate)	2.4 mg	200%
Riboflavin	2.6 mg	200%
Niacin (as niacinamide)	24 mg	150%
Vitamin B6 (as pyridoxine HCl)	4.25 mg	250%
Folate	400 mcg DFE (240 mcg Folic Acid)	100%
Vitamin B12 (as cyanocobalamin)	18 mcg	750%
Biotin	30 mcg	100%
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg	150%
Calcium (as calcium carbonate, dicalcium phosphate, D-calcium pantothenate)	130 mg	10%

Amount per Serving	% DV
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	105 mg 25%
Zinc (as zinc oxide)	16.5 mg 150%
Selenium (as sodium selenate)	96 mcg 175%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	2.3 mg 100%
Molybdenum (as sodium molybdate)	45 mcg 100%
Sodium	5 mg <1%
Orchard Fruits™ & Garden Veggies™ Powder Blend	100 mg **
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Pear, Tomato, Raspberry, Broccoli, Cherry, Spinach, Cauliflower, Grape, Açai, Asparagus, Banana, Brussels Sprout, Cabbage, Cranberry, Cucumber, Pea, Pineapple, Pumpkin	
Lycopene	600 mcg **
Boron (sodium borate)	150 mcg **
Lutein Carotenoid from FloraGLO® Aztec Marigold Extract (flower)	100 mcg **

**Daily Value (DV) not established.

Other ingredients: cellulose, sodium croscarmellose, gelatin, hydroxypropyl cellulose, stearic acid, hypromellose, polydextrose, magnesium stearate, titanium dioxide color, silica, riboflavin color, medium chain triglycerides

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.



*FloraGLO is a registered trademark of Kemin Industries, Inc.

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Questions? 1-800-9NATURE / feelalive.com

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