

We believe that **Amazing Nutrition®** is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

Amazing Formulas™ B-100 tablets provide 100mg of all the major B vitamins, plus a selection of other essential vitamins and minerals.* B vitamins perform a number of essential functions, primarily to help improve the metabolism and to keep the body fueled and energized.* They also support immune and heart health.* Our Amazing B-100 Formula also has Niacin to support healthy heart and nervous functions, and Choline to support brain health.* Our proprietary blend of superfoods like Alfalfa, Watercress, Soy Lecithin, etc., is beneficial for overall healthy well-being.*

KEEP OUT OF REACH OF CHILDREN
STORE IN A COOL, DRY PLACE
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING

Manufactured for & Distributed by:
Amazing Nutrition®
Jersey City NJ 07310
1-800-526-0177
www.amazingnutrition.com



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to cure, prevent, treat or diagnose any disease.



- ✔ Helps to Keep the Body Energized*
- ✔ Supports Heart & Nervous System*
- ✔ Supports Overall Health & Well-being*

120 TABLETS



AMAZING  NUTRITION®

AMAZING  FORMULAS™

DIETARY SUPPLEMENT

B-100

Supplement Facts

	Serving Per Container: 120	
	Amount Per Serving	% Daily Value
Serving Size: 1 Tablet		
Thiamin (Vitamin B-1) (as Thiamine Mononitrate)	100 mg	6,667%†
Riboflavin (Vitamin B-2)	100 mg	5,882%†
Niacin (as Niacinamide)	100 mg	500%†
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg	5,000%†
Folic Acid	400 mcg	100%†
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%†
Biotin (as d-Biotin)	100 mcg	33%†
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1,000%†
PABA (para-Aminobenzoic Acid)	100 mg	**
Inositol	100 mg	**
Choline Bitartrate	100 mg	**
Proprietary Blend (Alfalfa, Watercress, Parsley, Soy Lecithin and Rice Bran)	1 mg	**

† Percent Daily Value is based on a 2,000 calorie diet

** % Daily Value not established

OTHER INGREDIENTS: Vegetable Cellulose, Silica, Vegetable Stearic Acid. Contains <2% of Natural Palm Leaf Glaze & Vegetable Magnesium Stearate

SUGGESTED USE: As a dietary supplement, adults take one (1) tablet daily, preferably with a meal or as directed by a health care professional.

CAUTION: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

CONTAINS NO: Artificial Color, Flavor, Sweetener, Preservatives, Sugar, Starch, Milk, Lactose, Soy, Gluten, Wheat, Yeast or Sodium