

YOU'RE AMAZING,
SERIOUSLY.



WE WOULDN'T
LIE TO YOU.

FREE OF

sugar, gelatin, synthetic colors,
artificial flavors and preservatives,
yeast, wheat, milk, eggs, soy, gluten,
peanuts, tree nut allergens, fish,
shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED



SmartyPantsVitamins.com



This box is made from 100%
post-consumer recycled material.

Do not freeze, best stored at room temperature.
Product may darken over time.
Manufactured in the USA from domestic and imported ingredients.
Distributed by SmartyPants, Inc. Marina del Rey, CA 90292 USA.
For Customer Support: 1-888-751-2291, Hoot@SmartyPantsCorp.com

WARNING: Keep out of reach of children. Consult your health care
provider before use if you have a medical condition, are on any
medications, are planning a medical procedure, or are pregnant
or nursing. Do not use if inner safety seal is broken. Do not exceed
recommended daily serving.

*These statements have not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat, cure, or
prevent any disease.



1-FOR-1
PARTNER

PREMIUM INGREDIENTS

Vegetarian Omega-3 DHA
for brain health*

Vitamin D as D3 for bones*

Vitamin C, B6, and Zinc
for immunity*

Folate as L-methylfolate
for heart health*

Vitamin B12 as
methylcobalamin for energy*

Vitamin A for eye health*

Biotin to help maintain
healthy hair, skin, and nails*

Vitamin E, an antioxidant*

Each Capsule has
a Fresh Mint Scent.

SMARTYPANTS[®] CAPSULES

WOMEN'S 50+ MULTI



Multivitamin Fruit & Vegetable Blend Omega-3 DHA

20 essential nutrients
in 1 easy-to-swallow capsule



dietary supplement

Directions: For women 50 years and above, take one (1) capsule daily. May be taken with or without food. Take with a sip of water.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 35

	Amount Per 1 Capsule Serving	% Daily Value
Vitamin A (as 50% beta-carotene USP, retinyl palmitate USP)	450 mcg	50%
Vitamin C (as ascorbic acid USP)	85 mg	94%
Vitamin D (D3 as cholecalciferol USP)	50 mcg (2000 IU)	250%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	12 mg	80%
Vitamin K (K-1 as phytylquinone USP)	24 mcg	20%
Thiamin (Vitamin B-1 as thiamin mononitrate USP)	1.6 mg	133%
Riboflavin (Vitamin B-2 USP)	1.5 mg	115%
Niacin (Vitamin B-3 as niacin mononitrate)	4 mg	35%
Vitamin B6 (as pyridoxal 5-phosphate)	2 mg	100%
Folate (as L-methylfolate, calcium salt)	400 mcg DFE (100 mcg (240 mcg L-methylfolate))	100%
Vitamin B12 (as methylcobalamin)	6 mcg	250%
Biotin USP	30 mcg	100%
Pantothenic acid (as calcium D-pantothenate USP)	2.5 mg	50%
Choline (as choline bitartrate FCC)	20 mg	4%
Iodine (as potassium iodide FCC)	165 mcg	110%
Magnesium (as magnesium hydroxide)	8.4 mg	2%
Zinc (as zinc citrate USP)	6 mg	55%
Selenium (as L-selenomethionine USP)	28 mcg	51%
Copper (as copper chelate)	0.40 mg	44%
Chromium (as chromium picolinate USP)	35 mcg	100%
Algal Oil	145 mg	**
Omega-3 DHA (docosahexaenoic acid)	100 mg	**
SmartyPants Fruit & Vegetable Blend*	100 mg	**
Organic Apple Pear (pomace), Organic Acid (Enteric release), Organic Blueberry (fruit), Organic Lemon (fruit), Organic Raspberry (fruit), Organic Spinach (leaf), Organic Tomato (fruit), Organic Banana (fruit), Organic Blueberry (fruit), Organic Carrot (root).		
** Daily Value not established.		

Other Ingredients: Hypromellose (Vegetarian Capsule), Silicon Dioxide, Rosemary Extract, Mixed Tocopherols, Sunflower Lecithin, Sunflower Oil, Ascorbyl Palmitate.
Holds a trial amount of sugar.