

We believe that **Amazing Nutrition®** is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

Selenium is an essential mineral that is naturally found in some foods like walnuts, fish, beef, poultry, etc. Amazing Nutrition® Selenium has antioxidant properties that support cell health and healthy aging.* Some studies suggest that selenium taken daily may help improve immune function and cognitive health.* In addition, selenium also supports healthy thyroid function, cardiovascular health and prostate wellness.*

Shop Online At:
amazingnutrition.com
Product # 1883

Call Toll-Free:
1-800-526-0177

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

Manufactured for & Distributed by:
Amazing Nutrition®
Jersey City, NJ 07310 USA

AMAZING  NUTRITION®

AMAZING  FORMULAS™

DIETARY SUPPLEMENT

Selenium

- ✓ Promotes Cell Health & Immune Function*
- ✓ Supports Cardiovascular Health*
- ✓ Supports Healthy Thyroid Function*



50 MCG
180 TABLETS



Supplement Facts

Serving Size 1 Tablet
Serving Per Container 180

	Amount Per Serving	% DV*
Selenium (as Selenium Yeast)	50 mcg	286%

* Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Dicalcium Phosphate, Vegetable Cellulose, Debittered Brewer's Yeast, Croscarmellose Sodium. Contains <2% of: Silica, Vegetable Magnesium Stearate.

SUGGESTED USE: As a dietary supplement, adults take one (1) tablet daily, preferably with a meal or as directed by a health care professional.

CAUTION: Contains wheat ingredients. If you are pregnant, nursing, taking any medication(s) or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur.

CONTAINS NO: Artificial Preservatives, Colors, Flavors or Sweeteners, Sugar, Starch, Milk, Lactose or Fish.