

We believe that **Amazing Nutrition**® is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

Amazing Formulas™ Ashwagandha is a powerful ayurvedic herb that is extracted from the root of the plant. Ashwagandha is known for being cardioprotective due to its antioxidant and anti-inflammatory effects.\* As an adaptogenic herb, Ashwagandha aids the body and mind in coping with external and internal stresses, leaving an overall rejuvenating effect.\*

CONTAINS NO: Preservatives, Artificial Color, Flavor or Sweetener, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.

AMAZING **AN** NUTRITION®

AMAZING  FORMULAS™

DIETARY SUPPLEMENT

# Ashwagandha

## Supplement Facts

Serving Size 1 Veggie Capsule  
Serving Per Container 120

Amount Per Serving		% DV
Ashwagandha Extract ( <i>Withania somnifera</i> ) (roots/leaves)	500 mg	**

\*\* Daily Value (DV) not established

OTHER INGREDIENTS: Vegetable Cellulose (Capsule), Magnesium Stearate, Silicon Dioxide and Microcrystalline Cellulose.



Shop Online At:  
amazingnutrition.com  
Product # 23160

Call Toll-Free:  
1-800-526-0177



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

Manufactured for & Distributed by:  
AMAZING NUTRITION®  
An FDA Regulated Facility  
Jersey City, NJ 07310



- ✔ Supports Cardiovascular Health & Immune Function\*
- ✔ Helps To Reduce Anxiety & Stress\*
- ✔ Promotes Relaxation & Mental Clarity\*

500 MG  
120 VEGGIE CAPSULES



SUGGESTED USE: As a dietary supplement, adults take one (1) veggie capsule twice daily, preferably after meals or as directed by a health care professional.

CAUTION: Do not exceed recommended dose. If you are pregnant, nursing, under the age of 18, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children.

WARNING: This product can expose you to chemicals including Lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

