Herbal Secrets™ Organic Barley Grass powder is a vital, versatile, gluten-free superfood and great way to boost nutrition in your everyday diet.* Our Barley Grass powder is made from 100% pure organically grown barley grass juice. There are NO additives or fillers added, capturing all the nutrients and goodies needed to benefit your health.* Just a single serving of our Barley Grass powder provides over 20% of your daily iron intake along with essential vitamins, minerals, calcium etc. Barley Grass is believed to have one of the highest natural levels of enzyme SOD (superoxide dismutase), which is a powerful antioxidant.* Barley Grass also contains chlorophyll, a natural detoxifier that rids the intestines of stored toxins.* Use Organic Barley Grass to support healthy cleansing, digestion, skin health, and healthy energy boost.* It's one of nature's most perfect superfoods!

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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SUGGESTED USE: Herbal Secrets™ Organic Barley Grass powder readily dissolves into juice or water. It may be added to smoothies or your favorite recipe.

- HEALTHY DRINK: Mix 1.5 teaspoons with 2-4 oz. water, juice or your favorite beverage. Water quantity depends on if you prefer a barley grass "shot" or a less potent beverage.
- SMOOTHIES: Blend up a spoonful of Barley Grass powder into a fruit or vegetable smoothie.
- BREAKFAST FOODS: Incorporate a spoonful of Barley Grass powder into your morning breakfast (oatmeal, pancakes, omelets etc) for an energy boost.
- GO CREATIVE: Barley Grass powder can also be used to make a variety of dishes like lasagna, savory sauces, dips and more.

NON GMO · GLUTEN FREE · RAW · KOSHER · VEGAN

MADE IN THE USA

USDA ORGANIC

HERBAL SECRETS™

NATURAL DIETARY SUPPLEMENT

Organic Barley Grass

Gluten-Free Superfood Powder

GMP

- Rich in Iron, Essential Vitamins, Minerals, & Calcium
- Supports Natural Detoxing & Healthy Digestion*
- Promotes Energy Production*

1lb

16 oz

Supplement Facts

Serving Size 1 Tablespoon (7 g)
Serving Per Container Approximately 64

Amount Per Serving		
Calories 15	Calories from Fat 0	
		% Daily Value*
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Sodium	64 mg	3%
Total Carbohydrates	2 g	1%
Dietary Fiber	< 1 g	1%
Sugars	1 g	
Protein	2 g	
Vitamin A 7%	• Vitamin C 42%	
Calcium 3%	• Iron 9%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower, depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

INGREDIENT: Organic Barley Grass Powder (*Hordeum vulgare*)

CONTAINS NO: Artificial Flavor or Sweetener, Preservatives, Starch, Milk, Lactose, Soy, Gluten, Wheat, Yeast or Fish.

CAUTION: Consult physician before use if pregnant/nursing, taking medication, planning a medical procedure or have a medical condition.

HERBAL SECRETS™

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