HERBAL SECRETS<sup>™</sup> Organic Ashwagandha, also known as Indian Ginseng, is made from the roots and leaves of the Withania somnifera plant. Organic Ashwagandha is a herb that increases vitality by promoting both physical and mental performance.\* It may help rejuvenate the nervous system by reducing anxiety or stress levels, and control fatigue.\* As an adaptogen, Organic Ashwagandha may have a positive effect on a healthy immune system.\*

SUGGESTED USE: As a dietary supplement, adults take one (1) organic tablet daily, preferably with a meal or as directed by a health care professional.

(AUTION: For adults only. If you are pregnant, nursing, taking any medication(s) or have any medical condition, consult your doctor before use, Discontinue use and consult your doctor if any adverse reactions occur.

\*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.









## Organic Ashwagandha

Certified Organic Ayurvedic Herb

- Promotes Mental Clarity\*
- Helps to Reduce Anxiety & Stress\*
- Supports Musculoskeletal System\*

750<sub>MG</sub>

## **Supplement Facts**

Serving Size 1 Organic Tablet Serving Per Container 120

Amount Per Serving % DV

Organic Ashwagandha Root Powder 750 mg \*\*
(Withania somnifera)

" Daily Value (DV) not established

OTHER INGREDIENTS: Organic Rice Maltodextrin & Organic Gum Acacia.

(ONTAINS NO: Preservatives, Artificial Colors, Flavors or Sweeteners, Milk, Lactose, Soy, Gluten, Wheat, Yeast, or Fish.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.



Manufactured for & Distributed by:

HERBAL SECRETS

629 Grove Street Jersey City, NJ 07310

Certified Organic by: Baystate Organic Certifiers

120 ORGANIC TABLETS