

PREMIUM INGREDIENTS

Vegetarian Omega-3 DHA for brain health*

Vitamin C, B6, and Zinc for immunity*

Folate as L-methylfolate for heart health*

Vitamin B12 as methylcobalamin for energy*

Vitamin D as D3 for bones*

Vitamin A for eye health*

Selenium for thyroid support*

Vitamin E, an antioxidant*

Each Capsule has a Fresh Mint Scent.

SMARTYPANTS[®] CAPSULES

MEN'S 50+ MULTI



Multivitamin
Fruit & Vegetable Blend
Omega-3 DHA

20 essential nutrients
in 1 easy-to-swallow capsule

30
vegetarian
capsules



dietary supplement

Directions: For men 50 years and above, take one (1) capsule daily. May be taken with or without food. Take with a sip of water.

Supplement Facts

Amount Per 1 Capsule Serving	% Daily Value
Vitamin A (as beta-carotene) USP	400 IU 80%
Vitamin C (as ascorbic acid) USP	70 mg 140%
Vitamin E (as d-alpha-tocopherol) USP	30 mg (2000 IU) 60%
Vitamin K (as K-1) (as phytylphosphoryl) USP	24 mg 60%
Vitamin B-1 (as thiamine mononitrate) USP	1.5 mg 100%
Vitamin B-2 (as riboflavin) USP	1.1 mg 110%
Vitamin B-3 (as niacin) USP	4 mg 80%
Vitamin B-5 (as pantoic acid) USP	5 mg 100%
Vitamin B-6 (as pyridoxine hydrochloride) USP	1.5 mg 271%
Vitamin B-12 (as methylcobalamin) USP	2.5 mcg 100%
Folate (as L-methylfolate) USP	25 mcg 50%
Zinc (as zinc citrate) USP	10 mg 100%
Magnesium (as magnesium hydroxide) USP	84 mg 20%
Selenium (as L-selenomethionine) USP	11 mcg 20%
Copper (as copper citrate) USP	0.72 mg 80%
Chromium (as chromium picolinate) USP	38 mcg 100%
Calcium (as calcium citrate) USP	148 mg 100%
Omega-3 DHA (EPA/DHA) (as ethyl ester) USP	100 mg 200%
Other Ingredients: Hypromellose (Vegetarian Capsule), Silicon Dioxide, Rosemary Extract, Mixed Tocopherols, Sunflower Lecithin, Sunflower Oil, Ascorbyl Palmitate.	

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†A daily amount of sugar.

FREE OF

GMOs, sugar, gelatin, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, peanuts, tree nut allergens, fish, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED

@SmartyPants

SmartyPantsVitamins.com



This bottle contains 100% post-consumer recycled material, and its label is printed on tree-free/paper-free paper made from stone.

Do not freeze, best stored at room temperature.

Product may darken over time.
Manufactured in the USA from domestic and imported ingredients.
Distributed by SmartyPants, Inc. Marina del Rey, CA 90292 USA.
For Customer Support: 1-888-751-2291, Hook@SmartyPantsCorp.com

WARNING: Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended daily serving.

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1-FOR-1 PARTNER

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WE WOULDN'T LIE TO YOU.

YOU'RE AMAZING, SERIOUSLY.