

We believe that **Amazing Nutrition®** is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

5-HTP is an amino acid that is naturally produced within the body. It is beneficial to the body for overall well-being as it may help to regulate appetite, sleep cycle, and support sexual health.* It may help to reduce anxiety and stress, resulting in a more balanced and rested mood.* 5-HTP supports healthy weight management by helping to suppress appetite and reducing feelings of hunger, resulting in a lower intake of calories.*



Shop Online At:
amazingnutrition.com
Product # 20640

Call Toll-Free:
1-800-526-0177



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

Manufactured for & Distributed by:
AMAZING NUTRITION®
An FDA Regulated Facility
Jersey City, NJ 07310

AMAZING  NUTRITION®

AMAZING  FORMULAS™

DIETARY SUPPLEMENT

5-HTP

- ✔ Promotes Positive Mood & Restful Sleep*
- ✔ Helps Reduce Anxiety & Stress*
- ✔ Calming & Relaxing Effect*



100 MG
120 VEGGIE CAPSULES



Supplement Facts

Serving Size 1 Veggie Capsule
Serving Per Container 120

Amount Per Serving		% Daily Value
5-HTP (L-5-Hydroxytryptophan) (from Griffonia Extract) (Griffonia simplicifolia) (seed)	100 mg	**

** Daily Value not established

OTHER INGREDIENTS: Vegetable Cellulose (Capsule), Microcrystalline Cellulose, Silicon Dioxide and Magnesium Stearate.

SUGGESTED USE: As a dietary supplement, adults take two (2) vegetarian capsules once daily as needed or at bedtime as 5-HTP may produce drowsiness, or as directed by a health care professional.

CAUTION: Not intended for use by pregnant or nursing women. If you are taking any medication(s) or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Not intended for use by persons under the age of 18.

CONTAINS NO: Artificial Preservatives, Colors, Flavors or Sweeteners, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.