

CALM & RESET

Calm & Ready For Your Day Ahead*

Clinically Studied Organic Ashwagandha

Cherry flavor with other natural flavors

50 GUMMIES
DIFTARY SUPPLEMEN

Purposefully crafted to support your mind & body

Clinically-studied organic KSM-66° ashwagandha is a natural adaptogen that gently helps de-stress. Vitamins B6 & B12 support normal brain and nervous system function.*

Directions: Adults: Take two (2) gummies daily. Do not exceed suggested use. Not formulated for use in children.

Supplement Facts

Serving Size 2 Gummies Servings Per Container 25

| Ar | Serving | % DV |
|---|-----------|------|
| Calories | 20 | |
| Total Carbohydrate | 5 g | 2%1 |
| Total Sugars | 4 g | |
| Includes 4 g Added Sugar | | 8% |
| Vitamin B _s (pyridoxine hydrochloric | de) 1.7 g | 100% |
| Vitamin B ₁₂ (methylcobalmin) | 2.4 mcg | 100% |
| KSM668 Astronomethy Boot Extra | et 250 ma | - |

*Percent Daily Values (DV) are based on a 2,000 calorie diet *Daily Value not established.

Other Ingredients: Organic Tapioca Syrup, Sugar, Water Contains <2%: Chriz Acid, Monk Fruit Extract, Natural Flavor, Grapain Black Carrot Juce Goncentrate (color), Organic Carnausba Wax, Pectin, Sodium Citrate. Proudly manufactured in a GMP facility. Vegetarian. No gutent, dairy, sox, or nuts.

As with any supplement, if you are taking medication, consult your doctor before use.

Do not consume if pregnant or nursing. Keep out of reach of children.

If taking other supplements, read label, since supplements may contain the same incredient.

Store at room temperature. Keep bottle tightly closed. Protect from moisture. Due to use of plant-based colors, gummy appearance may darken over time. This does not after the

product potency.

Bottle sealed with printed foil under cap. Do Not Use if foil

is torn.
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Questions? Comments? Call

J 1-877-CENTRUM (236-8786) For most recent product information, visit www.centrum.com

