

NEW!

gsk

# Centrum



## REST & REJUVENATE

Rest & Refresh  
For Your Day Ahead\*

Melatonin

Blueberry Blackberry flavor with other natural flavors

**50 GUMMIES**  
DIETARY SUPPLEMENT

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Purposefully crafted to support your mind & body

5 mg of melatonin helps support relaxation and a healthy sleep cycle so you can fall asleep faster.\*^ Also replenishes collagen, a key skin nutrient, while you sleep.\*

**Directions:** Adults: Take two (2) gummies daily 30 minutes before bedtime, as needed, for occasional sleeplessness. Do not exceed suggested use. Not formulated for use in children.

### Supplement Facts

Serving Size 2 Gummies  
Servings Per Container 25

	Amount Per Serving	% DV
Calories	20	
Total Carbohydrate	4 g	1%†
Total Sugars	3 g	*
Includes 3 g Added Sugar		6%†
Melatonin	5 mg	*
Collagen	50 mg	*

†Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*Daily Value not established.

**Other Ingredients:** Glucose Syrup, Sugar, Gelatin, Water. Contains <2%: Carnauba Wax, Citric Acid, Citrus Pectin, Fruit/Vegetable Juice Concentrates (purple carrot, maqui berry) (color), Lactic Acid, Medium-Chain Triglycerides, Natural Flavors.

Proudly manufactured in a GMP facility. Vegetarian.  
No gluten, dairy, soy, or nuts.

Questions? Comments? Call 1-877-CENTRUM (236-8786)  
For most recent product information, visit [www.centrum.com](http://www.centrum.com)

^As compared to falling asleep without melatonin. Melatonin helps you fall asleep and is for occasional sleeplessness\*

As with any supplement, if you are taking medication, including sleep medication, or if you have any pre-existing conditions consult your doctor before use.

Do not consume any alcohol or products that cause drowsiness while taking melatonin.

Do not drive or operate heavy machinery while taking melatonin.

Do not take with other melatonin-containing products.

Consult a healthcare professional if you are experiencing long-term sleep difficulties.

Do not consume if pregnant or nursing.

#### Keep out of reach of children.

If taking other supplements, read label, since supplements may contain the same ingredient.

Store at room temperature. Keep bottle tightly closed. Protect from moisture. Due to use of plant-based colors, gummy appearance may darken over time. This does not alter the product potency.

Bottle sealed with foil under cap. Do Not Use if foil is torn.

Distributed by:  
**GSK Consumer Healthcare**  
Warren, NJ 07059

Trademarks owned or licensed by GSK.

©2020 GSK or licensor.

PAA160604

8



3