

Directions: Adults: Take two (2) capsules daily with food. Do not exceed suggested use. Not formulated for use in children.

Supplement Facts

Serving Size 2 capsules Servings Per Container 25

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrates	1 g	<1%†
Vitamin C (as ascorbic acid)	90 mg	100%
Vitamin D ₃ (as cholecalciferol)	20 mcg (800 IU)	100%
Magnesium (as magnesium hydroxide)	105 mg	25%
Zinc (as zinc citrate)	11 mg	100%
Selenium (as sodium selenate)	55 mcg	100%
Copper (as copper gluconate)	0.9 mg	100%
Manganese (as manganese gluconate)	2.3 mg	100%
Hyaluronic Acid (as sodium hyaluronate)	80 mg	*
Organic Botanical Blend (Pomegranate Juice Powder, Turmeric Root Powder, Tart Cherry Powder)	300 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other ingredients: Hypromellose (vegetarian), Magnesium Stearate, Organic Rice Flour. Contains <2% Silica.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

^ This product does not contain calcium. Take as part of a calcium rich diet.

Keep out of reach of children.

If taking other supplements, read label, since supplements may contain the same ingredient. Store at room temperature, 15 - 30°C (59 - 86°F). Protect from heat, light and moisture. Do not use if inner foil seal under cap is torn or missing.



PAA163168

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Questions? Comments?

Call 1-877-CENTRUM (236-8786)

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Proudly manufactured in a GMP facility. Non-GMO and vegetarian. * No synthetic colors, gelatin, dairy, soy, or nuts.

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Centrum



MOVEMENT & STRENGTH

Keep Your
Body Moving*

Hyaluronic Acid and Vitamin D

50 CAPSULES
DIETARY SUPPLEMENT

**Purposefully crafted
to support your
mind & body**

Hyaluronic acid supports joint health. Vitamin D supports calcium absorption and bone health. Vitamin C and key minerals support collagen formation for healthy tendons, ligaments, and bones.** We've included an organic botanical blend of turmeric, pomegranate, and tart cherry.



ACTUAL SIZE



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.