Brewer's Yeast is made from a unicellular fungus called Saccharomyces cerevisiae. HERBAL SECRETS® Brewer's Yeast Powder is a rich source of protein, iron and several B-vitamins such as thiamin, riboflavin, niacin, etc. Brewer's Yeast may help to improve glucose tolerance and promote weight loss by increasing the body's ability to metabolize carbohydrates.* Brewer's Yeast also supports cardiovascular health and digestive functions due to its probiotic properties.*

CAUTION: For adults only. Take this product as recommended. Without drinking enough liquid the product may swell in the throat, causing blockage or choking. Avoid use if you ever had esophageal narrowing or swallowing difficulties. Consult physician if pregnant or nursing, taking medications, or have a medical condition. *KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.*

WARNING: This product can expose you to chemicals including Lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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HERBAL SECRETS™

NATURAL DIETARY SUPPLEMEMT

Brewer's Yeast Powder

Rich in Protein & Several B-Vitamins

GMP

- Free of GMOs
- Allergen Free
- Supports Existing Healthy Blood Glucose Levels*
- Supports Heart & Digestive Health*

15 SERVINGS

NET WT. 1 LBS (16 OZ)

Supplement Facts

Serving Size 2 Tablespoons (30 g)
Servings Per Container Approximately 15

Amount Per Serving	
Calories 110	Calories from Fat 10
	% Daily Value*
Total Fat 1 g	2%
Total Carbohydrate 13 g	4%
Dietary Fiber 7 g	27%
Sugars 4 g	**
Protein 13 g	26%
Vitamin A 188 IU	4%
Thiamin (Vitamin B1) 0.4 mg	27%
Riboflavin (Vitamin B2) 8 mg	353%
Niacin 2.5 mg	13%
Vitamin B6 0.4 mg	20%
Folic Acid 83 mcg	21%
Vitamin B12 4 mcg	67%
Pantothenic Acid 2 mg	20%
Iron 1.5 mg	8%
Manganese 0.2 mg	10%
Sodium 10 mg	< 1%

*Percent Daily Values are based on a 2,000 calorie diet.
** % Daily Value not established.

INGREDIENT: Brewer's Yeast Powder.

SUGGESTED USE: As a dietary supplement, adults take two (2) tablespoons daily with 6 to 8 ounces of liquid or as directed by a health care professional.

CONTAINS NO: Artificial Color, Flavor or Sweeteners, Preservatives, Dairy, and Soy.

DRINK IT: Mix the desired amount of Brewer's Yeast Powder to your favorite smoothies or other beverages for an instant energy boost.

EAT IT: Add Brewer's Yeast Powder to your sauces, baked goods, snacks and favorite dishes as a hearty and wholesome additional ingredient.

Manufactured for & Distributed by:
HERBAL SECRETS®
An FDA Regulated Facility
629 Grove Street
Jersey City, NJ 07310

HERBAL SECRETS