

Borage Oil is extracted from the seeds of 'Borago officinalis', also known as a starflower. It is rich in Gamma-Linolenic Acid (GLA), which is a type of Omega-6 fatty acid. Anti-inflammatory properties of GLA supports joint health and mobility by helping to reduce joint pain or stiffness.* Borage Oil supports women's health as it may help to ease the symptoms of premenstrual syndrome.* Borage Oil is also known to support heart health and improve circulation.* Better circulation of the blood in turn promotes healthy skin and overall well-being.

SUGGESTED USE: As a dietary supplement, adults take one (1) softgel twice daily, preferably with a meal or as directed by a health care professional.

CAUTION: If you are pregnant, nursing, taking any medication(s), planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PRODUCT CODE
22712



**HERBAL
SECRETS™**

NATURAL DIETARY SUPPLEMENT

Borage Oil

Anti-Inflammatory Properties*



- Contains 240 mg of Gamma-Linolenic Acid Per Serving
- Supports Healthy Joints*
- Supports Heart Health & Circulation*



Supplement Facts

Serving Size 1 Softgel
Serving Per Container 90

	Amount Per Serving	% DV*
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%
Polyunsaturated Fat	0.5 g	**
Borage Oil (<i>Borago officinalis</i>) (seed oil)	1,000 mg	**
Gamma-Linolenic Acid (GLA)	240 mg	**

* Percent Daily Value is based on a 2,000 calorie diet

** Daily Value (DV) not established

SHELL INGREDIENTS: Gelatin, Vegetable Glycerin, Purified Water.

CONTAINS NO: Preservatives, Artificial Flavors or Sweeteners, Sugar, Starch, Milk, Lactose, Gluten, Wheat, Yeast, Fish or Sodium.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



Manufactured for & Distributed by:
HERBAL SECRETS™

629 Grove Street
Jersey City, NJ 07310

90 SOFTGELS

1,000MG