HERBAL SECRETS™ Black Seed Oil is derived by cold pressing the seeds of the *Nigella sativa* plant (also known as black cumin). **Black Seed Oil** is rich in essential fatty acids and has antioxidant, anti-bacterial, and anti-inflammatory properties; providing numerous health benefits.* Black Seed Oil supports digestive health as it may help relieve constipation, gas and diarrhea.* It may support respiratory health by relieving conditions like cough, cold, allergies, congestion, etc.* Black Seed Oil supports healthy immune function and cardiovascular health.*

SUGGESTED USE: As a dietary supplement, adults take one (1) to two (2) teaspoons of oil daily with food or as directed by a health care professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. *KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

100% NATURAL

MADE IN THE USA

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PRODUCT CODE 22078

HERBAL SECRETS™

NATURAL DIETARY SUPPLEMENT

Black Seed Oil

Rich in Essential Fatty Acids & Vitamins

- 100% Pure & Cold Pressed
- Supports Digestive & Respiratory Health*
- Supports Healthy Immune Function*
- Supports Cardiovascular Health*

GMP

12 fl oz (354 ml)

Supplement Facts

Serving Size: 1 Tsp (5 g)
Serving Per Container: Aprox. 70

	Amount Per Serving	% Daily Value*
Calories	45	
Fat Cal	45	
Total Fat	5 g	**7.5%***
Saturated Fat	1 g	**5%**
Black Cumin (seed) Oil	5 g	**

(Contains minimum 0.95% naturally occurring Thymoquinone)

Omega-3 (ALA) 0.3% ◆ Omega-6 (LA) 58.8% ◆ Omega-9 (OA) 20%

*Percent Daily Values are based on a 2,000 calorie diet.
**% Daily Values not established.

INGREDIENT: Freshly Cold Pressed Virgin Black Cumin Seed Oil (*Nigella sativa*).

CONTAINS NO: Artificial Flavors or Sweeteners, Preservatives, Sugar, Starch, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.

STORAGE GUIDANCE: Store in a cool and dry environment away from direct sunlight, tightly sealed in the original container.

vitamin angels PROUD SUPPORTER

HERBAL SECRETS™

Manufactured for & Distributed by:
HERBAL SECRETS™
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Jersey City, NJ 07310