

Nourish Mom and Baby!
Fuel a healthy pregnancy from conception through nursing with our comprehensive prenatal duo! This combo pack features Prenatal One multivitamin plus Prenatal DHA Smart Essentials*. Prenatal One delivers scientifically studied ingredients, our rainbow blend of fruits and vegetables, plus our Digestive Support Blend.* Prenatal DHA provides omega-3 ultra-pure fish oil.

What a difference one serving per day makes:

- Promotes healthy brain and eye development*
- Nourishes Mom's health and Baby's development with the recommended amount of folate, plus calcium, choline and a gentle, well-tolerated form of iron*
- Gentle on the stomach and easy to digest with no fishy taste or smell*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. Consult your healthcare professional prior to use if you are taking medication or have a medical condition.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

New & Improved



Prenatal Daily Duo®

Prenatal One and Prenatal DHA Smart Essentials®

Plus Superfoods & Probiotics†



Essential Nutrition for Mom & Baby



Gluten-Free

30 Tablets + 30 Softgels | Dietary Supplement

Truly Custom Nutrition for Your Truly Vibrant Life

At Rainbow Light®, we believe the supplements you take should be designed to meet the needs of your lifestyle, in order to help you live a healthy and vibrant life. Here's what you can expect from what's inside this box:

Mindful Formulations

Scientifically studied ingredients in potencies that support a vibrant, healthy lifestyle.*

Non-GMO Project Verified

Plus fruits, vegetables and other ingredients that are not genetically engineered.†

†Prenatal DHA Smart Essentials* does not contain fruits, vegetables or probiotics.



Made with purity-tested ingredients and NO artificial preservatives, colors, flavors or sweeteners. **Contains NO** gluten, wheat, milk, tree nuts, peanuts, eggs or shellfish.



Eco Guard® Packaging
100% Recycled & 100% Recyclable
Tree-free label on bottle made from limestone

Prenatal One

Rev. 7.0-0

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 30*

Amount Per Serving	% DV for Pregnant & Lactating Women	Amount Per Serving	% DV for Pregnant & Lactating Women
Vitamin A (as beta-carotene)	1305 mcg 100%	Copper (as copper amino acid chelate)	1.3 mg 100%
Vitamin C (as ascorbic acid)	65 mg 54%	Manganese (as manganese citrate)	2 mg 77%
Vitamin D (as ergocalciferol)	15 mcg 100%	Molybdenum (as molybdenum amino acid chelate)	50 mcg 100%
Vitamin E (as d-alpha-tocopheryl succinate)	9.5 mg 50%	Organic Rainbow Superfoods Blend	125 mg †
Vitamin K (as phytonadione)	90 mcg 100%	Organic spirulina, organic beet (root), organic broccoli (plant), organic kale (leaf), organic asparagus (leaf), organic blackberry (fruit), organic blueberry (fruit), organic carrot (root), organic cranberry (fruit)	
Thiamin (as thiamin mononitrate)	8 mg 571%	Digestive Support Blend	32 mg †
Riboflavin (vitamin B2)	8 mg 500%	Ginger (root) juice extract, amylase (150 DUH), protease (600 HUT), xylanase (80 XU), maltase (4 DU), glucoamylase (0.4 AGU), hemicellulase (615 HCU), beta-glucanase (18 BGU), phytase (0.04 FTU), cellulase (24 CU), alpha-galactosidase (4 GalU), lipase (22 FIPU), lactase (7 ALU), invertase (3 SU), <i>Bacillus coagulans</i> MTCC 5856 (25 million CFU)	
Niacin (as niacinamide)	18 mg 100%	Citrus (fruit) bioflavonoids	25 mg †
Vitamin B6 (as pyridoxine hydrochloride)	10 mg 500%	Organic chlorella	25 mg †
Folate (as folic acid) (360 mcg folic acid)	600 mcg DFE 100%	Inositol	10 mg †
Vitamin B12 (as methylcobalamin)	9 mcg 321%	Boron (as boron glycinate)	1 mg †
Biotin	35 mcg 100%		
Pantothenic Acid (as calcium pantothenate)	10 mg 143%		
Choline (as choline bitartrate)	55 mg 10%		
Calcium (as calcium citrate)	50 mg 4%		
Iron (as iron amino acid chelate)	27 mg 100%		
Iodine (from kelp)	250 mcg 100%		
Magnesium (as marine magnesium extract from seawater)	50 mg 13%		
Zinc (as zinc citrate)	13 mg 100%		
Selenium (as selenomethionine)	70 mcg 100%		

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, magnesium stearate, coating (hydroxypropyl cellulose, hypromellose, silica, stearic acid).

Manufactured by Nature's Products, Inc., for Nutranext Business, LLC
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Prenatal DHA Smart Essentials®

Rev. 5.0-0

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 30

Amount Per Serving	% DV for Pregnant & Lactating Women
Calories	10
Total Fat	1 g 1%*
Total omega-3 fatty acids	346 mg †
Docosahexaenoic acid (DHA)	250 mg †
Eicosapentaenoic acid (EPA)	57 mg †

*Percent Daily Values (% DV) are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

Ingredients: Highly refined fish oil (anchovy), softgel shell (modified starch, water, glycerin), natural mixed tocopherols (preservative).

SUGGESTED USAGE: While trying to conceive, pregnant or nursing, take 1 tablet and 1 softgel daily, together or separately, with or between meals.



Your purchase sends life-saving nutrition to at-risk women and children worldwide.

