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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MegaFood
Fresh From Farm To Tablet™

Vegan B12

Supports Healthy Energy Levels*



**MULTIVITAMIN
DIETARY SUPPLEMENT**

**30
TABLETS**
**30
SERVINGS**

Suggested Use: 1 tablet daily with a beverage. May be taken anytime throughout the day, even on an empty stomach.

Supplement Facts

Serving Size 1 Tablet Servings per Container 30

Amount per Serving	% DV
Vitamin B6 (as pyridoxine hydrochloride with <i>S. cerevisiae</i>)† 20 mg	1176%
Folate (as folic acid with broccoli)† 680 mcg DFE (400 mcg Folic Acid)	170%
Vitamin B12 (as cyanocobalamin with <i>S. cerevisiae</i>)† 500 mcg	20833%
Organic Beetroot 100 mg	**

** % Daily Value (DV) not established

Other Ingredients: Autolyzed yeast extract, rice protein, microcrystalline cellulose, organic brown rice, silicon dioxide, stearic acid, hypromellose.

Made by MegaFood, PO Box 5244, Manchester, NH 03108 USA
megafood.com / 800.848.2542

MegaFood Vegan B12 combines a synergistic blend of vitamins B6, folic acid, and vegan B12 to support the healthy formation of blood cells for optimal physical performance and mental energy.*

This MegaFood product is made with real food, wholesome nutritional yeast and added nutrients.

†This vitamin is paired with a whole food in our unique process. Satisfaction guaranteed or your money back.

We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture.
megafood.com/farmers

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Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.



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Lot#: Best Before: