Metabolism‡

Foundational

**SUGGESTED USE:** Mix 2 scoops with at least 12-14 ounces of water or preferred beverage daily or as recommended by your health-care practitioner.

**TAMPER EVIDENT:** Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

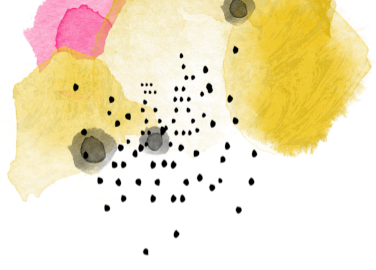
If pregnant, consult your health-care practitioner before using this product.

EXCLUSIVE

GLUTEN FREE

†This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A. ††This product uses Albion's DimaCal® DiCalcium Malate. DimaCal is a registered trademark of Albion International, Inc. †††This product uses Albion® DiMagnesium Malate. Albion is a registered trademark of Albion International, Inc.†††† This product uses Albion's TRAACS® Copper Bisglycinate Chelate, Manganese Bisglycinate Chelate, Chromium Nicotinate Glycinate Chelate, and Zinc Bisglycinate Chelate. TRAACS is a registered trademark of Albion International, Inc. ††††† This product uses Sunfiber®. Sunfiber is a registered trademark of Taiyo International, Inc.†††††† This product uses Tang-An Medical, Ltd.'s cinnamon extract (CinSulin®). CinSulin is a registered trademark of Tang-An Medical, Ltd.††††††† This product uses Indena S.p.A.'s green tea phytosome (Greenselect®). Greenselect is a registered trademark of Indena S.p.A. ††††††††This product uses Albion's Bororganic™ Boron Glycinate Complex. Bororganic is a trademark of Albion International, Inc. Cinnamomum PE 10:1. Syzygium standardized to 2% ellagic acid (after hydrolysis).

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# THORNE®

## MediBolic®

DIETARY SUPPLEMENT

NET WT 25.9 OZ (1.62 LB) 735 G

## SUPPLEMENT FACTS

Serving Size: Two Scoops (52.5 g)

Servings Per Container: 14

| Two Scoops (52.5 g) Contain: | | %DV |
|---|---|---|
| Calories | 140 | |
| Total Fat | 8 g | 10%* |
| Saturated Fat | 7 g | 35%* |
| Total Carbohydrate | 16 g | 6%* |
| Dietary Fiber | 10 g | 36%* |
| Total Sugars | 6 g | ** |
| Includes 0 g Added Sugars | | 0%* |
| Protein | 18 g | 36%* |
| Vitamin A (1,500 mcg from Beta Carotene and 750 mcg as Palmitate) | 2,250 mcg | 250% |
| Vitamin C (as Ascorbic Acid) | 500 mg | 556% |
| Vitamin D (as Vitamin D3) (1,000 IU) | 25 mcg | 125% |
| Vitamin E (as d-Alpha Tocopherol from 300 mg Mixed Tocopherols) | 134 mg | 893% |
| Vitamin K (as Vitamin K1) | 100 mcg | 83% |
| Thiamin (as Thiamin HCl) | 50 mg | 4,167% |
| Riboflavin (as Riboflavin 5'-Phosphate Sodium) | 4 mg | 308% |
| Niacin (30 mg as Niacinamide and 10 mg as Niacin) | 40 mg | 250% |
| Vitamin B6 (as Pyridoxal 5'-Phosphate) | 5 mg | 294% |
| Folate (300 mcg as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt) | 500 mcg DFE | 125% |
| Vitamin B12 (as Methylcobalamin) | 100 mcg | 4,167% |
| Biotin | 500 mcg | 1,667% |
| Pantothenic Acid (as Calcium Pantothenate) | 46 mg | 920% |
| Choline (as Choline Citrate) | 11 mg | 2% |
| Calcium (as Calcium Citrate and DimaCal® DiCalcium Malate††) | 150 mg | 12% |
| Magnesium (as Magnesium Citrate and Albion® DiMagnesium Malate†††) | 150 mg | 36% |
| Zinc (as TRAACS® Zinc Bisglycinate Chelate)†††† | 10 mg | 91% |
| Selenium (as L-Selenomethionine) | 75 mcg | 136% |
| Copper (as TRAACS® Copper Bisglycinate Chelate)†††† | 500 mcg | 56% |
| Manganese (as TRAACS® Manganese Bisglicinate Chelate)†††† | 5 mg | 217% |
| Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate) †††† | 400 mcg | 1,143% |
| Potassium (as Potassium Citrate) | 100 mg | 2% |
| Proprietary Blend | 22.8 g | ** |
| Pea Protein | | |
| Rice Protein | | |
| Partially Hydrolyzed Guar Gum††††† | 10 g | ** |
| Betaine Anhydrous (Trimethylglycine) | 1 g | ** |
| Jambolan extract (seed) (*Syzygium cumini*) | 750 mg | ** |
| Glycine | 500 mg | ** |
| L-Isoleucine | 300 mg | ** |
| Cinnamon extract (bark) (*Cinnamomum cassia*)††††††† | 250 mg | ** |
| Green Tea Phytosome††††††† (*Camellia sinensis* extract (leaf) decaffeinated / Phospholipid complex from Sunflower) | 200 mg | ** |
| Trans-Resveratrol | 50 mg | ** |
| Boron (as Bororganic™ Boron Glycinate Complex)††††††††† | 100 mcg | ** |

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

Other Ingredients: Flavors, Medium Chain Triglyceride Oil, Xanthan Gum, Stevia extract (leaf) (Rebaudioside A 97%).

**WARNING FOR CALIFORNIA RESIDENTS ONLY:** Consuming this product can expose you to chemicals, including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food. See also www.thorne.com/prop-65.

manufactured by: THORNE RESEARCH, INC., 1-800-228-1966

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