

Power Multi-U Vegi Capsules™

Iron Free with Green Super Foods



Made in the USA
120 Capsules
Nutritional Supplement



Supplement Facts#

Serving Size: 4 Capsules

Servings Per Container: 30

D.V. (Daily Value)

APS (amount per serving)	APS	% D.V.*	APS (amount per serving - no %D.V.)
Vitamin A (from beta-carotene) Equivalent to Vitamin-A-Retinol activity (RE).	12,500 IU	250%	Boron (from Amino Acid Chelate) 0.5 mg
Vitamin C (from calcium ascorbate)	250 mg	415%	Vanadium (from Amino Acid Chelate) 25 mcg
Vitamin D (as Ergocalciferol - vegan source)	100 IU	25%	Spirulina (U.S. Grown) 125 mg
Vitamin E (from d-alpha Tocopheryl Succinate)	100 IU	333%	Barley Grass (Organically grown) 125 mg
Vitamin K (from green foods)	35 mcg	45%	Chlorella (Broken Cell Wall) 50 mg
Thiamine (as HCl - Vitamin B1)	25 mg	1665%	Wheat Grass (Organically Grown) 50 mg
Riboflavin (Vitamin B-2)	25 mg	1470%	Alfalfa Juice Concentrate (Leaf) 50 mg
Niacin (Vitamin B-3 - as Niacinamide)	25 mg	125%	Green Tea Extract (40% Catechins - Leaf) 25 mg
Vitamin B-6 (as Pyridoxine HCl)	25 mg	1250%	Choline (from Choline Bitartrate) 25 mg
Folate (as Folic Acid)	400 mcg	100%	Inositol 25 mg
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1665%	PABA 15 mg
Biotin	50 mcg	17%	Trace Mineral Blend (Vegan) 50 mg
Pantothenic Acid (as Calcium Pantothenate)	25 mg	250%	Panax Ginseng (5% Ginsenosides - Root) 50 mg
Calcium (from Ascorbate, Carbonate and Citrate)	50 mg	5%	Citrus Bioflavonoids 25 mg (37% Bioflavonoids as Hesperidin)
Iodine (from Kelp)	75 mcg	50%	Rutin 2.5 mg
Magnesium (from Oxide & Citrate)	50 mg	13%	Bromelain (2,000 GDU from Pineapple) 25 mg
Zinc (from Zinc Picolinate)	7.5 mg	50%	Papain (140 MCU from Papaya) 12.5 mg
Selenium (as L-Selenomethionine)	25 mcg	35%	Pepsin Enzymes (NF 1:10,000) 12.5 mg
Copper (from Amino Acid Chelate)	250 mcg	13%	Lipase (3,400 USP units) 12.5 mg
Manganese (from Amino Acid Chelate)	2.5 mg	125%	Amylase (20,000 USP units) 5 mg
Chromium (from Chromium Picolinate)	50 mcg	40%	Chlorophyll (from green foods) 4 mg
Molybdenum (from Amino Acid Chelate)	25 mcg	33%	Amino Acids (from green foods) 40 mg
Potassium (from Potassium Chloride)	12.5 mg	<1%	

* (% D.V.) Percent Daily Values based on 2000 Calorie diet.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Other Ingredients: Cellulose (capsule), Magnesium Stearate (vegetable source), Silica, Cellulose and Stearic Acid (vegetable source). Contains soy & wheat derivatives. Contains no: sugar, salt, starch, yeast, milk, egg or preservatives.

Storage: Store in a cool, dry place. Secure cap tightly after opening.

Caution: Please discard the inedible freshness packet enclosed.

Use: 2 capsules twice daily.

California Academy of Health CAOH

Temecula, California 92592

Phone: 800-643-7188

Web: www.caoh.com

