

Ultra Supreme Greens & Fruits

Organic Superfoods & Multivitamins



Synergistic Phyto-Nutrient Blend
Organic Superfoods
Vegetarian



A Dietary Supplement

Net Weight 8.57 oz (243 g)



Supplement Facts# Serving Size: 1 Tablespoon Approximately 9 g per serving Servings Per Container: ~24

APS (amount per serving)	APS	% D.V.*
Calories	35	
Total Carbohydrate	8g	3**
Dietary Fiber	1g	4**
Protein	1g	2**
Vitamin C (ascorbic acid)	15mg	25
Vitamin E (dl-alpha tocopheryl acetate)	7.5IU	25
Thiamin (thiamin mononitrate)	0.4mg	26
Riboflavin	0.5mg	29
Niacin (niacinamide)	5mg	25
Vitamin B6 (pyridoxine hydrochloride)	0.5mg	25
Folic Acid	100mcg	25
Vitamin B12 (cyanocobalamin)	1.5mcg	25
Biotin	75mcg	25
Pantothenic Acid (calcium d-pantothenate)	2.5mg	25
Iron (as iron glycinate chelate)	4.5mg	25
Iodine (potassium iodide)	38mcg	25
Zinc (zinc oxide)	3.8mg	25
Selenium (sodium selenite)	18mcg	26
Copper (copper gluconate)	0.5mg	25
Manganese (manganese sulfate)	0.5mg	25
Chromium (chromium chloride)	30mcg	25
Molybdenum (sodium molybdate)	19mcg	25

† (% D.V.) Percent Daily Values based on 2000 Calorie diet.

** Percent Daily Value not established.

Greens, Sprouts, Grains 8755mg †

Organic Greens and Grains: Flour (whole grain), Whole Grains Blend (Millet [Panicum miliaceum], Amaranth [Amaranthus spinosus], Buckwheat [Fagopyrum esculentum], Quinoa [Chenopodium quinoa], Chia [Salvia hispanica]), Inulin (Agave tequilana) (leaf), Flaxseed (Linum usitatissimum) (seed), Spirulina (Arthrospira platensis) (whole plant), Alfalfa (as Medicago sativa) (aerial parts), Organic Broccoli (Brassica deracea italica) (sprout), Daikon Radish (Raphanus sativus subsp. longipimatus) (sprout), Amaranth (Amaranth spinosus) (sprout), Quinoa (Chenopodium quinoa) (sprout), Millet (Panicum milaceum) (sprout), Buckwheat (Fagopyrum esculentum) (sprout), Garbanzo (Cicer arietinum) (sprout), Lentil (Lentil culinaris) (sprout), Adzuki (Phaseolus angularis) (sprout), Flaxseed (Helianthus annuus) (sprout), Sunflower (Helianthus annuus) (sprout), Pumpkin (Cucurbita moschata) (sprout), Chia (Salvia hispanica) (sprout), Sesame (sesamum indicum) (sprout), Chlorella (Chlorella vulgaris) (whole plant), Barley Grass (Hordeum vulgare) (aerial parts), Wheatgrass (Triticum aestivum) (aerial parts).

Fruit & Veggie Probiotic Blend 1190mg †

Organic: Banana (Musa paradisiaca) (fruit), Tomato (Lycopersicon esculentum) (fruit), Beet (Beta vulgaris) (root), Sweet Potato (Ipomoea batatas) (root), Strawberry (Fragaria chiloensis) (fruit), Broccoli (Brassica oleracea italica) (whole plant), Spinach (Spinacia oleracea) (leaf), Elderberry (Sambucus nigra) (fruit), Carrot (Daucus carota sativus) (root), Cherry (Prunus cerasus) (fruit), Blueberry (Vaccinium angustifolium) (fruit), Apple (Malus domestica) (fruit), Pineapple (Ananas comosus) (fruit), LactoSpore Bacillus coagulans.

Other Ingredients: Rebaudioside A (Organic Stevia Leaf Extract), High Purity Steviol Glycosides (Organic Stevia Leaf Extract), Organic maltodextrin, Organic Sunflower Lecithin, Organic Corn Starch, Silicon Dioxide.

California Academy of Health (CAOH)

Web: www.caoh.com

Email: info@caoh.com

Phone: 800-643-7188



8 96291 00209 6

Mix 1 tablespoon daily with 8 to 10 oz. of water or non-dairy beverage, like almond, rice or coconut beverage. Stir vigorously or shake well and enjoy. Store in a cool, dry place (60°F to 80°F). Shake container before use. Contains wheat ingredients. For adult use only. Do not use if pregnant or nursing. Consult a doctor before use if you have a medical condition and before starting a diet or exercise program. Keep out of reach of children.